



Benefits of Community Living

The Choice is Yours

NORTH Dakota | Health & Human Services
Be Legendary.

Many Services Can Help You Live at Home and in the Community Longer

Where are Services Provided?

Services can be provided in your home or in an apartment-like setting.

What In-Home AND Community Services are Available?

- Case Management
- Housecleaning, laundry, or meal preparation
- Help with bathing, dressing, etc. (Personal Care Services)
- Emergency Response Service
- Non-Medical Transportation
- Opportunities for family caregivers to take a break and time for themselves (Respite Care)
- Family as your paid caregiver (Family Home Care)
- Home-Delivered Meals
- Daily supportive services for community living (Residential Habilitation)
- Companionship to prevent isolation and promote community involvement
- Hands-on care and training for medical needs (Extended Personal Care/Nurse Education)

Explore Benefits of Community Living

Remaining in your home and community may be an option for you. Community Living may provide you with the following:

-  Choose who you live with
-  Make independent life choices
-  Choose your services
-  Choose who provides care, including family members, friends or other individuals
-  Have privacy in your home
-  Access the community
-  Choose when family and friends visit
-  Stay connected to your cultural/spiritual community
-  Set your schedule
-  Come and go as you please
-  Choose to work and/or volunteer in the community
-  Choose your medical provider
-  Have pets in your home
-  Remain in familiar surroundings
-  Enjoy public events

Receiving services at home may include coordination with other community programs such as: home health care, family caregiver support, peer support, assistance transitioning back to your home, housing assistance, medication assistance, assistive technology and support groups.

ND ADRL AGING & DISABILITY RESOURCE LINK

Get Help Finding Services:

Aging and Disability Resource Link (ADRL) Centralized Intake
855.462.5465 • ND 711 (TTY) | Email: carechoice@nd.gov
<https://carechoice.nd.assistguide.net>

Nursing Home Care



Where are Services Provided?

- Skilled nursing facilities (nursing homes)

Eligibility

- Medicaid eligible, and
- Based on an assessment individual requires extra assistance with their personal care needs. This is typically referred to as “nursing facility level of care”

What Services are Provided?

- Medical coordination
- 24-hour skilled nursing care
- 24-hour supervision
- On-site occupational therapy, physical therapy and speech services
- Congregate meals
- Social and recreational opportunities
- Medical transportation
- Room and board included

ND ADRL

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PACE Senior Care Services



Where are Services Provided?

- Home
- Adult foster care home
- Adult residential care
- Nursing home
- Must live in Bismarck, Dickinson, Fargo or Minot

Eligibility

- Medicaid eligible,
- Based on an assessment that you need extra support to live in the community. This is typically referred to as “nursing facility level of care,”
- Only available in some regions of the state, and
- 55 years or older

What Services are Provided?

- Care and services coordinated by a team
- 24-hour emergency helpline
- Medical care, nursing, personal care services, occupational therapy, physical therapy and speech therapy
- Home delivered meals or congregate dining
- Social and recreational opportunities at day center
- Medical transportation

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In-Home and Community Services (HCBS)



Where are Services Provided?

- In your home/family home
- Adult foster care home
- Agency adult foster care
- Specialized homes providing care for memory impairment and traumatic brain injuries

Eligibility

- Is based on income and assets
- Need some assistance with self care to live independently in the community. Help needed may vary from a little to 24-hour care
- 18 years old and older

What Services are Provided?

- Care and services coordinated through case management
- Up to 24-hours of care or supervision based on need
- Assistance in your home with bathing, dressing, housekeeping, laundry, preparing meals, respite care, etc.
- Choice of care provider including family or others
- Coordination of services with other community providers such as home health or other skilled therapy providers
- Home delivered meals or meal prepared by provider
- Individualized social and recreational opportunities
- Medical transportation based on need and availability