North Dakota Behavioral Health System Implementation Support

Draft Approach for Discussion

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HSRI

The HSRI recommendations were based on our analysis, principles of good and modern behavioral health systems, and the community's vision for system change

Invest in **prevention and early intervention**

Ensure **timely access** to behavioral health services

Expand **outpatient and community-based services**

Enhance and streamline **system of care for children and youth**

Continue **criminal justice** strategy

Recruit and retain a competent **workforce**

Expand **telebehavioral health**

Ensure values of **person-centeredness, cultural competence, and trauma-responsiveness**

Encourage and support **community involvement**

Partner with tribal nations to increase **health equity**

Diversify and enhance **funding**

The "bookend" recommendations from our 2018 analysis were created to support infrastructure for effective and ongoing system transformation

1: Develop a comprehensive implementation plan

Reconvene system stakeholders
Form an oversight steering committee
Establish work groups

13: Conduct ongoing, system-wide, data-driven monitoring of needs and access

Integrate data systems
Develop system metrics
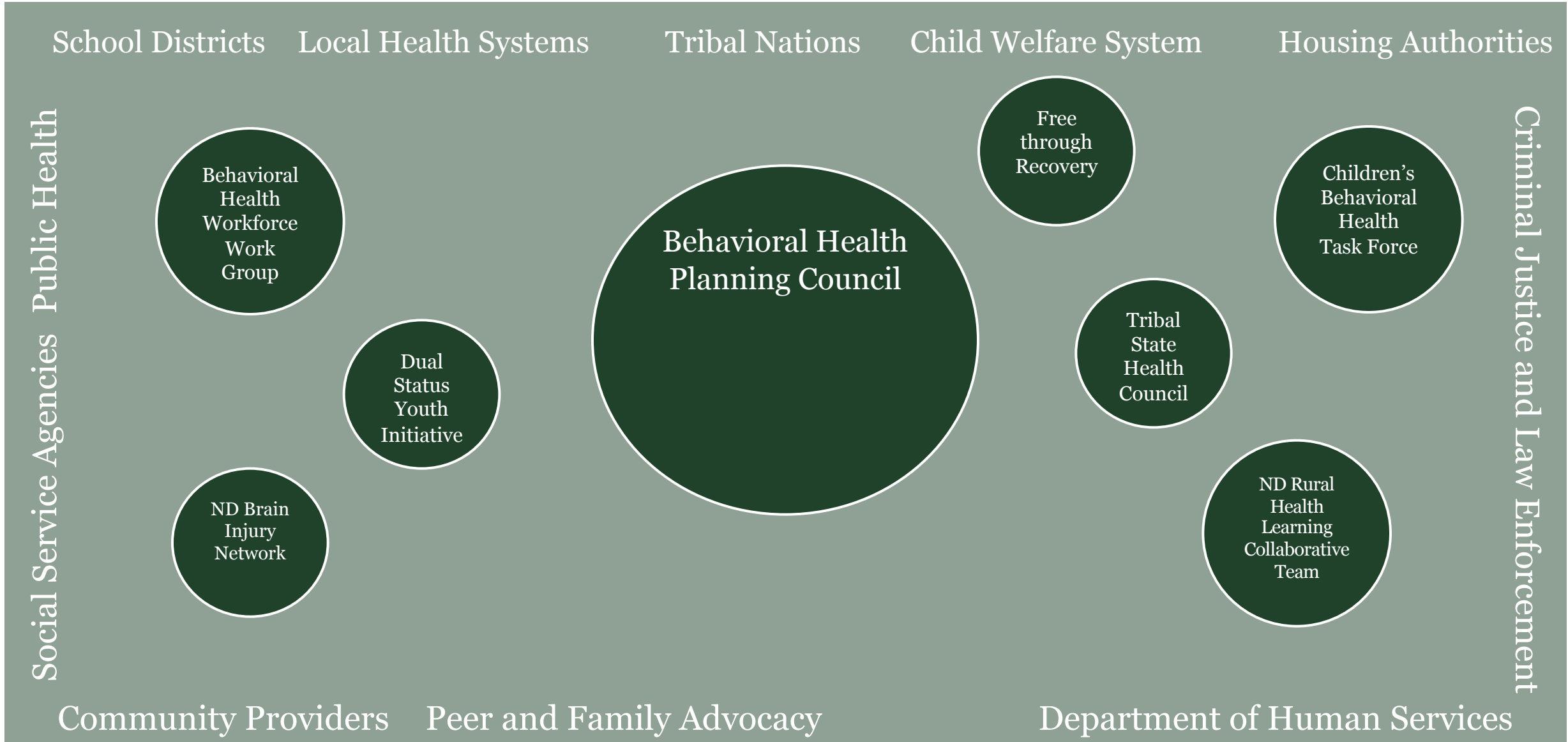Identify and target services to those with highest service costs

Our approach

Support **coordinated, data-driven system improvement activities** through the implementation of the recommendations from the *Behavioral Health System Study*, with a focus on the first and last ("bookend") recommendations
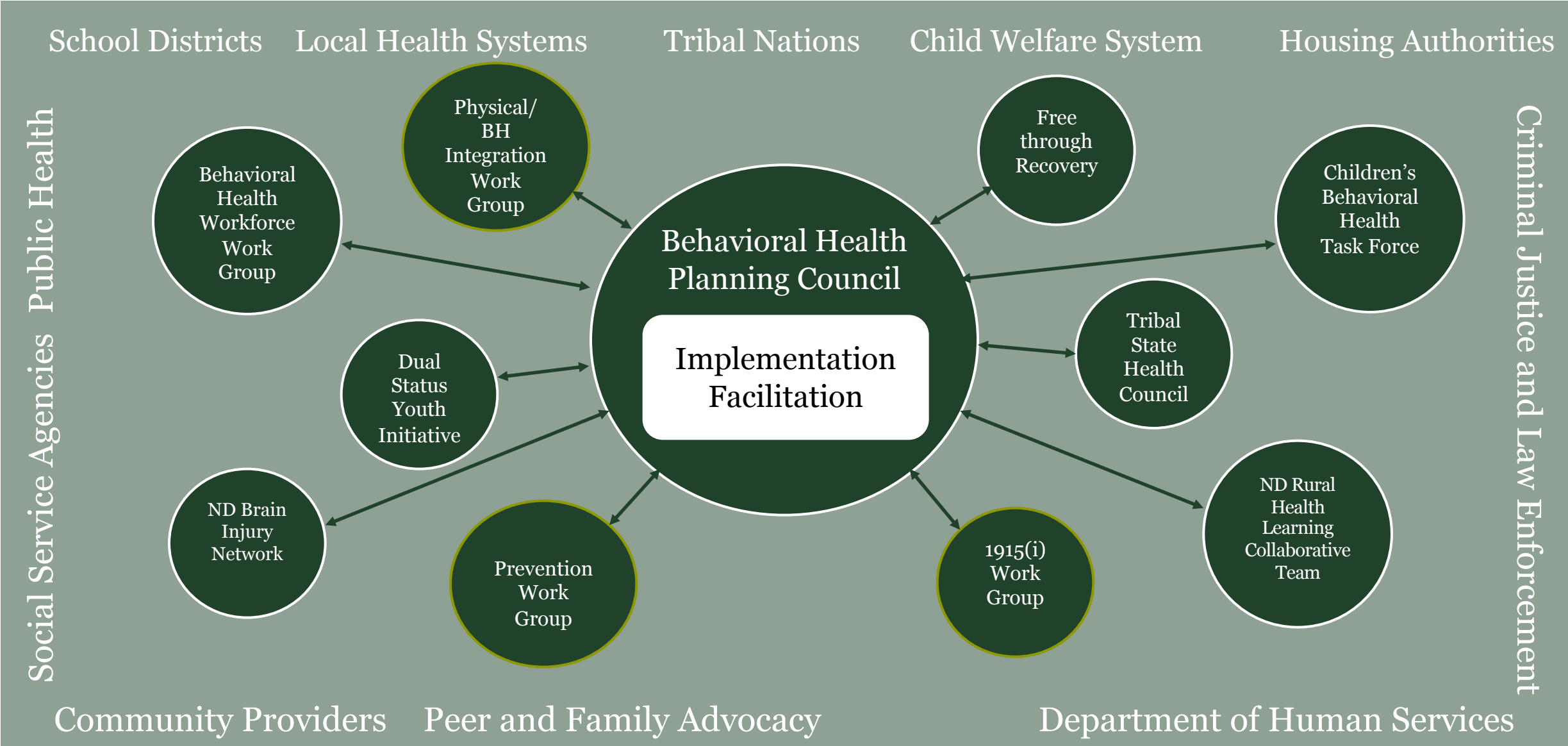
Set the course for the community to engage in **ongoing system monitoring, planning, and improvements** in the long-term

Sample View of the Current System

Proposed Roles and Functions

Four Phases of Work

1. Strategic Planning

- Finalize purpose, scope, and roles
- Operationalize goals (goal matrix)
- Develop strategic plan protocol

2. Prioritization & Refinement

- Specify objectives, action steps, and indicators of progress
- Establish priority and timeline
- Determine responsibilities

3. Initiation

- Gather baseline data on each goal and objective
- Work with stakeholders to initiate action

4. Monitoring & Sustaining

- Monitor ongoing progress
- Troubleshoot issues
- Initiate additional goals as needed

Timeline and Deliverables

1. Strategic Planning

- Draft strategic plan protocol
- Ratified goal matrix

2. Prioritization & Refinement

- Final strategic plan (protocol, goals & objectives)

3. Initiation

- March 2019 progress report

4. Monitoring & Sustaining

- Revised/amended strategic plan
- June 2019 progress report

Oct. 2018 → **Nov.–Dec. 2018** → **Jan.–Mar. 2019** → **Apr.–June 2019**

Goal Matrix Template

HSRI Report Recommen-dation	Primary Entities	Relevant Work Groups	Required Policy, Regulatory, or Legislative Actions	Priority	Status

After ratifying the initial goal matrix in Phase 1, we will develop a final strategic plan in Phase 2. It will include SMART goals, specific tasks, roles and responsibilities, priority/timeline, and indicators of progress/success that will be benchmarked during Phase 3 (Initiation)

Strategic Plan Protocol

- Articulation of roles (e.g. HSRI, state and local entities, BH Planning Council and other work groups)

- Strategy for ensuring ongoing alignment with existing initiatives

- Processes for group coordination and communication

- Processes for ensuring meaningful and ongoing stakeholder engagement

Thank You.

HSRI