

MFP Stakeholder Meeting Minutes
Team Virtual Meeting
August 8, 2023

Handouts: Meeting Power Point, Nursing Facility Level of Care (NF LOC) Annual Redetermination. Frequently Asked Questions (FAQ) and Building and Enhancing Long Term Services and Supports Presentation Schedule

Welcome and Introductions

Welcome-Kayla T, MFP Grant Program Manager, Aging Services

MFP Stakeholder Meeting Agenda

- **Life Skills and Transition Center**

Keith Vavrovsky-Seeing an increase in supports in the community. Red River Stepping Stones is a new agency in Grand Forks that will provide residential rehabilitation.

Discharges are picking up. Life Skills population is 38 adults and 16 youth. Will be admitting a 16yr old tomorrow as both parents are deceased so number for youth will go up.

Recently discharged a person to Fargo to live with a roommate with MFP assistance.

Brittini Auch-Hosting informal meetings where clients can speak to providers

- **DD Division Updates**

Heidi Zander-DD Waiver Administrator- Every five years required to review the Waiver. The current Traditional IID/DD HCBS waiver period ends March 31, 2024.

Informational meeting on the Traditional IID/Developmental Disabilities Home and Community-Based (HCBS) 1915(c) waiver will be held virtually on Monday, August 14, 2023 from 1-2:30 pm. This meeting will explain the waiver process, to provide information on proposed updated services and service planning to reflect state and federal policy. A public comment period will occur prior to the renewal being submitted to CMS. The link to join this special meeting is below:

<https://www.hhs.nd.gov/events/public-meeting-informational-meeting-traditional-iiddevelopmental-disabilities-hcbs-1915c>

- **MFP Budget for 2023**

\$10.5 million dollars -This amount might go up as asking for more administrative costs.

Supplemental Services-\$1 million

- The purpose is to inform Money Follows the Person (MFP) demonstration recipients about certain programmatic changes affecting MFP supplemental services.
- These changes take effect on January 1, 2022.
- Notification was provided on 3/31/22
- No spending until updated Operational Protocol is approved by CMS
- Can request additional funding for 2022 & 2023
- Submitted April 2023/Re-submitted July 2023

MFP Supplemental Services Information

Definition:

Supplemental services are one-time services to support an MFP participant's transition that are otherwise not allowable under the Medicaid program.

Address MFP Goals:

- (1) Rebalancing - Increase the use of home and community-based, rather than institutional, long-term care services.
- (2) MFP - Eliminate barriers or mechanisms, whether in the State law, the State Medicaid plan, the State budget, or otherwise, that prevent or restrict the flexible use of Medicaid funds to enable Medicaid-eligible individuals to receive support for appropriate and necessary long-term services in the settings of their choice.

Examples of spending could include;

1. Short-term housing assistance – **Did not access short term housing.** Getting those funds elsewhere
2. Food Security
3. Payment for activities prior to transitioning from an MFP-qualified inpatient facility
4. Payment for securing a community-based home
5. Other supplemental services-Examples include but not limited to-Assist with home repairs, past due bills, legal fees, and interactive companion pets
(Cannot help with guardianship fees)

Activities Prior to Transitioning

Payment for services and activities such as

- Home accessibility modifications,
- Vehicle adaptations,
- Pre-tenancy supports,
- Community transition services,
- Case management prior to an individual transitioning from an institutional setting.

- **MFP Operational Protocol-Pilot Project**

North Dakota is one of six states participating in the pilot project

Mathematica is providing technical assistance and created a draft template

Pilot states meet every two weeks and complete two sections in the Operational Protocol Template

New format

New sections: Public Health Emergency, Equity

- **QSP Hub Update-Daniell Deis**

Presented with a PowerPoint that focused on the work of the QSP Hub

Have been holding events and training opportunities to support QSP's and QSP agencies.

Hub will be hosting monthly orientation meetings. To join need to register online at their website [North Dakota Qualified Service Provider Hub Training - New QSP Orientation \(ndqsphub.org\)](https://ndqsphub.org)

QSP Hub will also begin hosting monthly meetings for QSP agencies and independent QSPs. QSP agencies will be the 1st Tuesday of the month at 11 am and individual QSP's will 1st Tuesday of the month at 1:30 pm. To join need to register online at their website

[North Dakota Qualified Service Provider Hub Training - Building QSP Connections Group \(ndqsphub.org\)](https://ndqsphub.org)

Links to quick guides and how-to videos are also on the QSB Hub website.

[North Dakota Qualified Service Provider Hub Training - Quick Video Guides \(ndqsphub.org\)](https://ndqsphub.org)

A QSP Hub calendar is on their website with training day/times listed.

They have an interpreter to assist with applications. However, the applications still need to be answered in English.

Working on postcard project to start in Jamestown. One side of the postcard will be info on how to become a QSP and other side will be a resource for people who need help in their home.

- **Regional Nursing Facility Training**

Virtual training with Nursing Facility staff in the fall of 2023

- Online referral-Hoping this process will be easier.

- Section Q Referral

- Transition services
- DOJ settlement agreement
- Options counseling visits to new and long-term residents
- Administrative Level of Care Hold-MA can continue to pay for a person if a person doesn't meet NFLOC. Reach out to Kayla in regard to this if you have questions/concerns
- Discharge Payment Alert-Need to make sure community is made aware a person was discharged

Western Regional Training

Sept 12th

- 10am-12pm-North Central Human Service Center
- 2:30-4:30pm-Northwest Human Service Center

Sept 13th

- 9am-11am (MDT)-Badlands Human Service Center
- 1:30pm-3:30pm-West Central Human Service Center

Eastern Regional Training

Oct 3rd

- 9am-11am-South Central Human Service Center
- 1:30pm-3:30pm-Lake Region Human Service Center

Oct 4th

- 10am-12pm-Bremer Bank (Grand Forks)
- 1:30pm-3:30pm-Southeast Human Service Center

- **Olmstead Strategic Plan-Jana Johnson**

ND Olmstead commission meeting is tomorrow from 1- 4pm

Will be having a free event to learn why the Olmstead decision matters in Fargo August 25th from 9am-3pm at Dakota Medical Foundation to reserve a spot use the link below

<https://olmstead.eventbrite.com>

There will be an event in the fall at Fargo where Jake and Kayla will be presenting and Brenda from P&A will talk about deinstitutionalization. Heidi Zimmerman will present on DD Wavier. CEU's are offered.

P&A started a pilot project with Assistive tech. Jordan is leading it and was introduced by Jana.

Olmstead Inquiry Process is online at the link below
<https://www.olmstead.nd.gov/olmstead-inquiry-process>

There is currently a citizen member spot open on the ND Olmstead Commission. People with disabilities are encouraged to apply.

Veronica at P&A- shared Transportation is an ongoing issue in Bismarck and Fargo. There needs to be more funding as the cost of living goes up.

- **ADRL Flexible Transitions/Diversions-Jake Reuter**
 - New services/updates-Can now pay for QSP services while a person is waiting for their SSI/SSDI app to be approved. Would have to qualify for ADRL services. HCBS CM would reach out to Jake.
 - ADRL can assist if a person has a DDPM and they are moving out of family home first time or identified as a TPM by HCBS
 - Provider development- Completed provider handbook and agreement. Need to secure providers that want to work with ADRL grant /services. A potential provider in Fargo has been identified and is reviewing materials.

ADRL Referrals 2023

2023 Specific ADRL Referral Data Stats		
Total Referral Summary		
Running ADRL Referral count		351
Quarter One		131
Quarter Two		157
Quarter Three		63
Quarter Four		

ADRL Transitions 2023

Annual ADRL Transition Count

Running Transition Summary (Count Based off the Grant Year In Which Transition Occurred)

Grant Calendar Year*	Adult	Children	Individuals With Intellectual Disability (DD)	Individuals with Physical Disability (PD)	Older Adult (Elder)	Total Transitions For Year	Total ADRL Transitions
2020	16	0	0	0	1	17	17
2021	68	1	0	22	24	115	132
2022	12	0	3	86	50	151	283
2023	0	0	4	76	15	95	378
TOTALS	96	1	7	184	90	378	

ADRL Diversion Statistics 2023

Money Follows The Person ADRL Diversion Data Stats

	Quarter One: 01/01/2023 - 03/31/2023		Quarter Two: 04/01/2023 - 06/30/2023		Quarter Three: 07/01/2023 - 09/30/2023		Quarter Four: 10/01/2023 - 12/30/2023		TOTALS	
DD	2	7.69%	4	23.53%	1	9.09%	0	0.00%	7	12.96%
Elder	9	34.62%	4	23.53%	3	27.27%	0	0.00%	16	29.63%
PD	15	57.69%	9	52.94%	7	63.64%	0	0.00%	31	57.41%
Total	26		17		11		0		54	100.00%
Diversion Approved Amounts:										
TOTAL	\$26,354.77		\$24,345.52		\$20,129.94		\$0.00		\$70,830.23	
Total Diversions by Referral Source Summary:										
ADRL	4		0		ADRL	4		0	8	14.81%
CIL	12		6		CIL	2		0	20	37.04%
DD PM	1		3		DD PM	1		0	5	9.26%
DD Provider	0		1		DD Provider	0		0	1	1.85%
HCBS Staff	5		4		HCBS Staff	1		0	10	18.52%
Homeless Services/Shelter	1		0			0		0	1	1.85%
Hospital	0		1			0		0	1	1.85%
MFP	0		0		MFP	2		0	2	3.70%
Options Counseling	0		1		Options Counseling	0		0	1	1.85%
Other	2		1		Other	1		0	4	7.41%
SUD Treatment	1		0			0		0	1	1.85%
TOTAL	26		17		11		0		54	100.00%

Interesting ADRL Facts

20% of all transitions come from SUD treatment facilities.

86% of all transitions go into their own apartments.

63% of all transitions happen within 60 days of the referral.

80% of all referrals for transitions are from the physically disabled population.

57.41% of referrals for diversions are from the physically disabled population.

36% of referrals come from SUD treatment facilities

2023 Specific MFP Referral Data Stat		
Total Referral Summary		
Running MFP Referral count		205
Quarter One		74
Quarter Two		97
Quarter Three		34
Quarter Four		

- **Master Plan on Aging-Michelle Gayette**-Presented with a power point
The educational lunch and learn sessions are part of North Dakota's Multigenerational Plan on Aging initiative, which uses strategic planning. For more info click on link below. Contact Michelle if you have an idea for a lunch and learn.

<https://www.hhs.nd.gov/adults-and-aging/multigenerational-plan-aging>

Would like feedback from the community link to survey below;

https://docs.google.com/forms/d/e/1FAIpQLSf1spgblKR2_k2qeLqye0kxh_pIX8CDBOTOWZkXYm_tCfwmHw/viewform

Consensus council -Working on finding a community champion

Doing in person stake holder meetings- 4 community events coming up starting in the fa

- **MFP Grant Program Reports:**

2023 Transition Benchmarks-MFP

Grant Year	Older Adults	Individuals with a physical disability	Individuals with an Intellectual disability	Children	TOTAL
2021	31/20	42/25	14/15	7/5	94/94
2022	64/40	57/60	11/15	3/5	135/120
2023	34/55	27/55	6/15	0/5	67/130

We haven't seen many children. Planning on doing outreach to see why. Children are people up to age 18.

- **MFP-Tribal Initiative**

MFP-TI Coordinator -Melissa Reardon, NDSU Public Health

Turtle Mountain Band of Chippewa Indians-Belcourt

- Targeted case management on hold until more QSPs are hired
- Developing a grant module for the TMPHD's public health curriculum.

Standing Rock Sioux Tribe- We are just scratching the surface.

- Working on future strategies

MHA Nation-Three Affiliated Tribes- Helping enroll members to be QSP's

- Pilot Project in South Segment

Project Director attended Strengthening Government to Government Partnerships

MFP-Tribal Initiative Update

MFP-TI 5-State Workgroup

Advancing States HCBS conference August 27-31: Melissa and Jillian are coordinating our presenting team for the live panel in Baltimore. We opted to not record a session in honor of our tribal nation partners' preference and notified the HCBS planning committee.

NICOA national conference September 25-29: Melissa and Jillian are coordinating our presenting team.

Developing an inventory illustrating how MFPTI funds are used across the tribal nations
Jillian and Melissa are taking lead on conducting an environmental scan of LTSS aging resources in Indian Country

- **Housing Task Force Overview**
Housing Initiative Capacity
- MFP is funding
 - 7 Housing Facilitators
 - 1 Housing Initiative Coordinator
- ADRL
 - 3 Housing Facilitators

MFP Housing Services Updates – Kylie at MFP Housing spoke for Cheryl as she is out. There continues to be a lack of accessible housing. Cheryl reached out to Jennifer Henderson and they will be on their public forum. Kylie discussed training topics and to let her know if you have any suggestions. MFP Housing has been partnering with Dave at Great Plains Housing in Jamestown to assist with mainstream vouchers

Jake presenting at the National HCBS Conference

Katie Jo Armburst-has been working with a grant to help people with homelessness. This grant will be highlighted at HCBS Conference.

Data Learning Collaborative Overview

Gale made our database so we can track large amounts of info at our fingertips. We want to look at trends, such as why do we get more referrals in one area and not in others.

- Establish and document MFP data processes: We have established this in our “Database Management Manual”.
- Improve T-MSIS data quality
- We have identified and are utilizing the PDSA cycle to develop our quality assurance plan utilizing data.
 - **Plan** – Objective is to identify performance gaps. Setting the stage for data collection and analysis.
 - **Do** – Objective is to develop an intervention to improve performance. Collecting and validating data.
 - **Study** – Objective is to assess whether the intervention closed performance gap. Transforming data into information.
 - **Act** – Objective is to decide whether or how to change policies, procedures, service delivery, and capacity building to put effective solutions into practice. Using analyses for action and decision making.
- Dashboards have been developed and are utilized regularly to help tell the MFP story

