

**Youth Advisory Board Meeting
December 5, 2021
Meeting Notes**

Welcome & Introductions

Ava Baasch	Chloe Whiteside
Andrea Duah	Brynn Gaeble
Cam Albers	Katelynn Albers
Emma Auch	Benjamin Striebel
Isabelle Haring	Faith Johnson
Hayden Kemp	Lauren Jorda
Caitlin MacKenzie	Erynn Dunnigan

Others in attendance: Kiamya Philson, Cora Rabenberg, Katarina Domitrovich, Jamie Thongphet, Hanna Anderson, Jen Faul, Sarah Scott, Hunter Parisien

Welcome and Introductions

Pediatric Mental Health – Jennifer Faul, Sanford Health

- Discussion on the survey that was sent out. The survey was to see when pediatric mental health care and education is provided by primary care providers, what is it that would be most advantageous for them to know and what you would like them to know about mental health care for pediatrics or young people. Jen will share the feedback when we meet again in January.
- Discussion on screening in schools. Nine out of ten kids will see a primary care provider more regularly than they will see a mental health provider. When we don't screen in schools, there is an overrepresentation of males, minorities and those outwardly acting out. If there were screeners in school, they could capture a lot more information. There is a Child Adolescent Psychologist available for youth to call in and talk to from 7:00am-8am on the first and third Wednesdays of the month.

Survey Results, 2022 Meetings – Lauren Jorda

- There was a lot of really great feedback. Mental Health was one of the top topics that are wanting to be discussed this upcoming year. Some other topics included anorexia, distracted driving, etc.
- 3:00 – 5:00 on Sunday worked best for everyone.
- Will try to have an in-person meeting in June.

Next Meeting: – February 6, 2022 - 3:00 p.m. to 5:00 p.m.