

**Youth Advisory Board Meeting
August 14, 2022
Meeting Notes**

Welcome & Introductions

Cam Albers	Theo Sum
Hayden Kemp	Lauren Jorda
Caitlin MacKenzie	Brynn Gaeble
Olivia Gartner	Barbara Augustino
Chloe Whiteside	Ashton Hollingsworth
Gabbie Biles	Isaac Erickson
Isabelle Haring	Jacob Frisinger
Jayda Remboldt	Katelynn Albers
Megan Gasparini	

Others in attendance: Krissie Guerard, Katarina Domitrovich, Juliana Antwi, Kiamya Philson, Hannah Anderson, Heather Kapella, Alicia Belay

Welcome and Introductions

Health Literacy Project & TikTok Update, Kiamya Philson

- The health literacy project is focusing on health literacy and healthcare advocacy for the youth. This health literacy tool that will be created will help youth know how to explain their symptoms to providers, it will include a word bank, etc. This will help youth be more aware and responsible for their own health.
 - Would like to see members sign up to be on a subcommittee to discuss ideas, review materials and provide information and feedback.
- Looking for more TikTok participation from board members. There have been health items identified by the board as being most important for the youth of ND and the goal of the department's TikTok is to reach youth.
 - Would like to see members sign up to help with the department TikTok page.

HIV Integrated Plan, Brynn Gaebe

- With the board's feedback, and then by December, will be submitting this five year plan to CDC.
- Board comments/feedback after presentation:
 - It's good to hit specific stigmas like STI/HIV isn't as big of an issue in the youth population as in the past. Also, the mobile testing sites are a great idea. At-home testing kits are a great idea.

The Campaign, Katarina Domitrovich & Hannah Anderson

- Doing a campaign on five different topics that the youth put forward: sexual health, financial health, mental health, immunizations and COVID, physical health and nutrition.
- Partnered with Kat and Company to develop scripts led by this board.

- Scripts were sent out for the five areas and asked the board to review and looking for some feedback:
 - One opinion was that it was cheesy and cringeey.
 - This was a good starting point but maybe change the wording.
 - One member was confused by who the script was directed at.
 - Teacher in all the scripts seemed too goofy to be taken seriously.
 - The way the students were talking to the teacher didn't sounds good.
 - The immunization script – claims of vaccination definition.
 - Could a small committee be created to sit in on the meeting with Kat and Company?
 - “We all got the feels,” from the mental health script sounds strange.
 - “Disney channel sitcom.”

Mental Health Task Force, YMCA Event & YAB Transition, Krissie Guerard

- Katarina will now be taking over for Krissie on this board. Krissie will still attend meetings and be around for any questions, feedback, etc. Katarina will be able to devote the time and manage the taskforce, as Krissie is involved in a lot going on at the department level.
- YMCA Event – in person; Ms. North Dakota’s platform is youth health, and she is the first American Indian Ms. North Dakota we have had. Holding a pilot event in collaboration with the YMCA. The premise is going to be having a Children’s and Youth Day. The idea is to have games and activities for young people to participate in while receiving the health information they need. Please let Krissie know if you are interested in helping with this event.

Adolescent Flyer, Heather Kapella

- Heather works in special health services and her primary focus is child and youth with special healthcare needs. She’s working on the adolescent health priority for the MCH block grant and hoping this board can help create a flyer for adolescent well-visit and focusing on the importance of yearly checkups. Please email Heather with any feedback on the flyer she showed and was sent to you by Katarina. Please reach out to Heather by September 15, 2022.

Next Meeting: – December 4, 2022 - 3:00 p.m. to 5:00 p.m.