

# FREE THROUGH Recovery



THE MISSION OF FREE THROUGH RECOVERY IS TO IMPROVE HEALTHCARE OUTCOMES AND REDUCE RECIDIVISM BY DELIVERING HIGH-QUALITY COMMUNITY BEHAVIORAL HEALTH SERVICES LINKED WITH EFFECTIVE COMMUNITY SUPERVISION.

## FREE THROUGH RECOVERY PARTICIPANTS WILL WORK WITH LOCAL PROVIDERS TO RECEIVE:

### Care Coordination

Includes an ongoing source of prosocial connection, helping participants access treatment and recovery support services, and creatively addressing barriers to individual success. It also includes the provision of assessment, care planning, referrals, and monitoring collaboration with clinical services and probation and parole.

### Recovery Services

Includes access to nourishment assistance programs, supportive housing, educational opportunities, meaningful employment, leisure activities and wellness, family and community social supports, parenting education, spiritual engagement, and any other individualized resources the person needs to help participants lead a healthy and fulfilling life.

### Peer Support

A supportive relationship with peers who have similar lived experience and who serves as an advocate and mentor, offering sound advice and resources.

## FOR MORE INFORMATION

About Free Through Recovery — 701.328.8920

About the referral process — 701.328.6046

[hhs.nd.gov/behavioral-health/FTR](https://hhs.nd.gov/behavioral-health/FTR)