



## LIFE SKILLS AND TRANSITION CENTER (LSTC)



### QUICK FACTS

- ② Accredited by The Council since 1989. Received a four-year Person-Centered Excellence Accreditation in December 2019.
- ② Serves as a crisis and stabilization center, as well as a safety net for people whose needs exceed community resources.

### CURRENT CENSUS

APRIL 1, 2022



46 ADULTS



18 YOUTH



9 RESIDENTIAL  
HABILITATION

The Life Skills and Transition Center (LSTC) is a state-operated, comprehensive support agency serving people with intellectual and developmental disabilities in Grafton.

People supported by the LSTC may reside in an intermediate care facility (ICF) setting on campus, in residential habilitation homes in the Grafton community, or in communities across the state. Admissions are meant to be short term. Off-site outreach and consultation services are provided statewide to help people remain in their communities and homes and to prevent admissions.

## KEY PRIORITY BIG IDEA

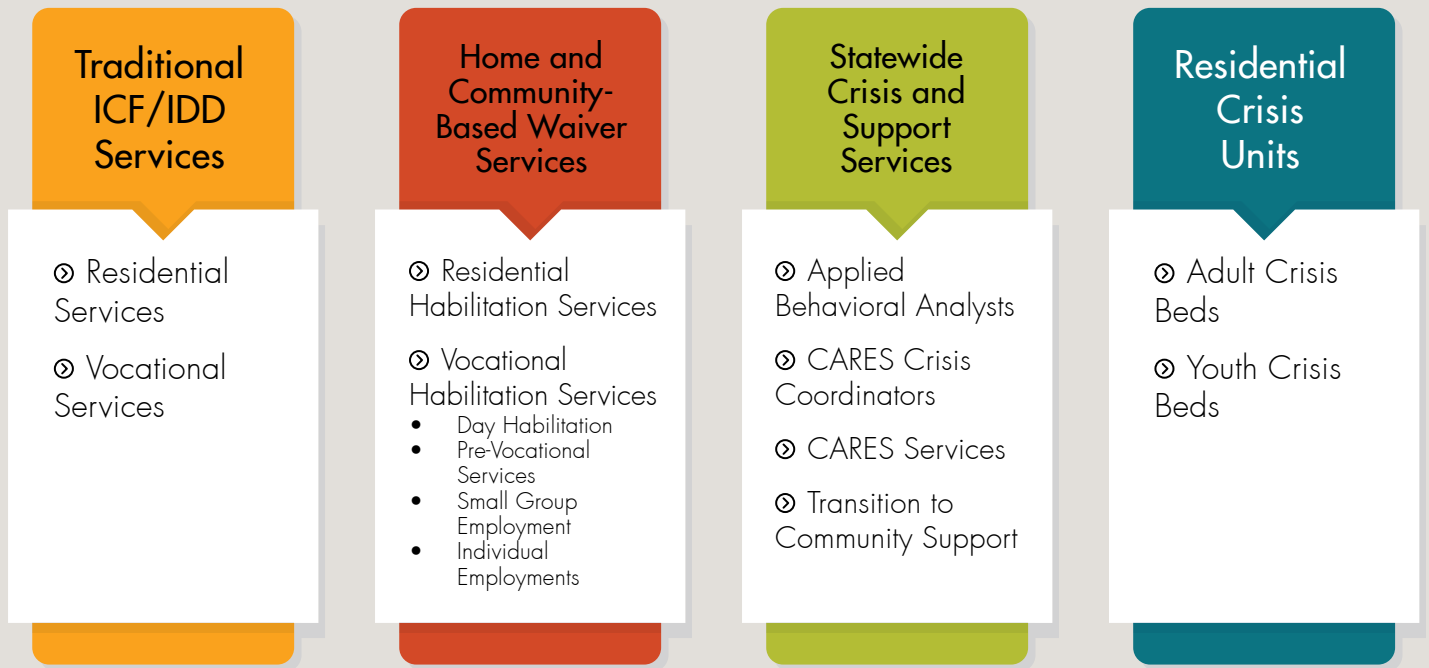
*"Accelerate our efforts to transition adults and youth to smaller community settings."*



### Services Closer to Home

- ② Create pathways that help people access the right service at the right time
- ② Engage proactively with providers to expand access to services

# WHAT WE DO



**Traditional Intermediate Care Facility/Intellectual or Developmental Disability (ICF/IDD) Services:** These services have been the core of LSTC for the past 100 plus years. They include 24-hour residential services and supports with medical and clinical programming and vocational services that provide individuals work opportunities on sites at the LSTC and throughout the Grafton community.

**Home and Community-Based Waiver Services (HCBS):** A variety of person-centered services where care is delivered in a person's home and community. Services address the needs of people with functional limitations who need help with everyday activities like getting dressed or bathing.

**Statewide Crisis and Support Services:** The goal of these statewide crisis services for persons with disabilities, their families and providers is to help people to be successfully supported in order to remain in their communities.

**Residential Crisis Units:** Future goal is to create youth and adult crisis units that can provide both short-term crisis support and transitional stabilization services for adults and youth.

## TRANSITIONS

⓪ In 2005, the Department of Human Services executive director convened a task force to prepare a plan in response to the mandate in House Bill 1012, Section 16, to transfer appropriate center residents to community settings.

⓪ The center's superintendent chairs the task force, which includes other department staff, developmental disabilities services providers and advocates.

⓪ A CARES team of specialists established in 2009 continues to provide consultation and services to help people remain in the community. CARES team was expanded in 2020 with statewide CARES Crisis Coordinators.

# CAMPUS FACILITIES

**1,323,511** SQ. FT.

CAMPUS

**801,253** SQ. FT.

PEDESTRIAN TUNNELS

The LSTC buildings are used for residential living and programming, administration and support and leased building space.

## OTHER BUILDING SPACE

LSTC provides space to the following entities:

- Ⓞ Midway Building - (Domestic Violence and Abuse Center).
- Ⓞ Professional Services Building - (ND Department of Transportation, ND Securities Department lease space. DHS Economic Assistance Division).
- Ⓞ Prairie View Building - (DHS Northeast Human Service Center uses space. Kids Express Daycare, and Data Dynamics lease space).
- Ⓞ Sunset Building - (Catholic Charities, Protection and Advocacy of ND and Upper Valley Education lease space).
- Ⓞ New Horizons - Adventures Plus Daycare.
- Ⓞ Cottage 3 - (Leased to individuals with developmental disabilities who are supported by a private provider).
- Ⓞ Cottage 6 - (Leased to LSTC who supports individuals through residential rehabilitation waiver services).

## UNUSED AND UNDERUTILIZED BUILDINGS

- Ⓞ The New Horizons Building is underutilized.
- Ⓞ The Prairie View building and third floor of the Professional Services Building are underutilized.

## BUILDINGS SOLD

- Ⓞ North A and North B - (Sold to Metro Plains and converted to private apartments in 1999).
- Ⓞ Buildings north of School Road - (Sold to Grafton Park Board in 2011).

## BUILDINGS RECENTLY DEMOLISHED

- Ⓞ The Pleasant View and Refectory buildings were demolished in 2020.

## CONTACT US AT!

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