

Facility Contact Number: **1-701-XXX-XXXX**

North Dakota Department of Health hotline: 1-866-207-2880

- Anyone with any concerns that they may have been infected with the coronavirus can call Monday through Friday 7am to 7pm.

### North Dakota Department of Health COVID-19 Testing Criteria

Clinical Features		&	Epidemiologic Risk and Transmission Risk
1	Fever <b>OR</b> signs/symptoms of lower respiratory illness (e.g., cough or shortness of breath) <u>without</u> an alternative explanatory diagnosis (e.g., influenza)	<b>AND</b>	History of travel from a geographic area* (international or domestic) with confirmed COVID-19 cases <b>or</b> close contact with a COVID-19 patient within the past 14 days
2	Fever <b>WITH</b> signs/symptoms of lower respiratory illness (e.g., cough or shortness of breath) requiring <u>hospitalization</u>	<b>AND</b>	No source of exposure has been identified
3	Signs/symptoms of respiratory illness (may be mild with symptoms such as fever/chills, sore throat, cough, headache and runny nose) <u>without</u> an alternative explanatory diagnosis (e.g., influenza)	<b>AND</b>	History of exposure as described in number 1 <b>AND</b> works in a facility that serves a highly-susceptible population (e.g., Long-term care, hospital, basic care)
4	Fever <b>WITH</b> signs/symptoms of lower respiratory illness (e.g., cough or shortness of breath) <u>without</u> an alternative explanatory diagnosis (e.g., influenza, RSV)	<b>AND</b>	Resides in an institutional setting (e.g., Long-term care facility, basic care facility, group home)

Asymptomatic patients will **NOT** be tested for COVID-19 at the NDDoH.

### Recommended preventative actions:

- Avoid close contact with people who are sick.
- Stay home when you are sick. Call your medical provider prior to going to the clinic.
- Cover your coughs and sneezes with a tissue.
- Clean frequently touched surfaces and objects daily using a regular household detergent and water.
- Wash your hands often with soap and water for at least 20 seconds.

**Disclaimer:** These recommendations are based upon information available as of 3/18/2020. COVID-19 is an emerging disease. New knowledge is added daily and guidance may change as the situation evolves. Please consult the CDC and North Dakota Department of Health websites regularly for the most up-to-date information. *The information contained in this message is not intended nor implied to be a substitute for professional medical advice. Talk with your healthcare provider about any questions you may have regarding a medical condition. Nothing contained in this document is intended to be used for medical diagnosis or treatment. The information provided by the Department should be treated as a resource only and should not be construed as medical or legal advice.*