

# TIPS FOR URINARY TRACT INFECTIONS

## SYMPTOMS OF UTI

- Burning when urinating
- A strong urge to urinate
- The need to urinate often
- Fever
- Pain in back or sides
- Blood in urine



## SHOULD I COLLECT A ROUTINE SAMPLE?

*A urine sample may be helpful if the resident has the following symptoms:*

- Urinary frequency
- Burning or pain during urination
- Urgency
- New blood in urine



## DO NOT GET A URINE SAMPLE IF:

*The resident only has:*

- Foul smelling urine
- Urine color change or cloudiness
- Altered mental status alone  
(sleepiness/confusion)
- Fever or leukocytosis **without** urinary symptoms



## TREATING ASYMPTOMATIC BACTERURIA

*Has no benefits and causes harm*

- Increased costs
- Lengthened hospital stays
- Risk of *C.difficile* infections
- Increased antibiotic resistance



NORTH  
**Dakota** Be Legendary.

Health & Human Services