

How To: Complete a Dressing Change

- 1 GATHER ALL NECESSARY SUPPLIES**
 - Wound carts and/or caddies should not enter the patient/resident care area.
 - If multiple wounds, be sure to keep clean supplies separate for each wound to prevent contamination.
 - Multi-dose medications should be dedicated, and a small amount of medication should be aliquoted into a clean container for single-patient/resident use.
- 2 PERFORM HAND HYGIENE**
- 3 PREPARE CLEAN FIELD**
- 4 DONN PPE ACCORDING TO STANDARD OR TRANSMISSION-BASED PRECAUTIONS**
- 5 PLACE BARRIER UNDER WOUND, IF NECESSARY**
- 6 OLD DRESSING REMOVED AND DISCARDED IMMEDIATELY**
- 7 DOFF SOILED GLOVES AND PERFORM HAND HYGIENE**
- 8 CLEAN GLOVES DONNED**
- 9 CLEAN WOUND USING ASEPTIC TECHNIQUE**
- 10 COMPLETE ANY WOUND TREATMENTS, PER YOUR PROVIDERS ORDERS**
 - Repeat steps 2-10 if multiple wounds, working from cleanest to dirtiest wounds.
- 11 DISCARD ALL USED SUPPLIES, UNUSED SUPPLIES SHOULD EITHER BE DISCARDED OR DEDICATED**
- 12 DOFF GLOVES AND PERFORM HAND HYGIENE**
- 13 REUSABLE EQUIPMENT CLEANED AND DISINFECTED**