

SAMPLE WORKPLACE BREASTFEEDING POLICY

[Business Name] supports breastfeeding mothers by accommodating a mother who wishes to express breast milk during her workday when separated from her child. The provisions of this Workplace Breastfeeding Policy meet the requirements of the Fair Labor Standards Act as it relates to breaks for nursing mothers.

Any employee who is breastfeeding her child will be provided reasonable break times to express breast milk for her newborn.

A clean, private space (other than a restroom) that is shielded from view and free from intrusion from coworkers and the public, will be made will be made available for this purpose.

A clean and safe water source with facilities for washing hands and rinsing breast pump equipment is located near the space.

Refrigerators are available so breast milk can be stored appropriately. Employees storing milk in the refrigerator assume all responsibility for the safety of the milk.

All employees will be informed of this policy. This policy is part of the employer's written policies.