

HOUSING SUPPORTS

PURPOSE

Housing supports assist members in accessing and maintaining stable housing in the community.

APPLICABILITY

This policy is for members 17.5 years and older receiving housing supports and service providers rendering housing supports.

ELIGIBILITY CRITERIA

Services are available to members ages 17.5 years and older who have at least one of the following circumstances:

- experiencing homelessness
- at risk of becoming homeless
- living in a higher level of care than is required
- at risk for living in an institution or other segregated setting.

DEFINITIONS

Assertive Community-Based Treatment (ACT) – means a team-directed program helping people with severe mental illness live where they choose and have stable housing in a community instead of a hospital.

Family Assertive Community Treatment (FACT) – means a program providing integrated family-focus treatment and support services for young, homeless, at-risk mothers, who had at least one child five years of age or younger and a co-occurring mental health and/or substance abuse disorder.

Home and Community Based Setting (HCBS) - means a member's own home or community location rather than an institution or other isolated setting.

Institutional setting – means nursing facilities (NF), intermediate care facilities for individuals with intellectual disabilities (ICF/IID), Qualified Residential Treatment Programs (QRTPs), Psychiatric Residential Treatment Facilities (PRTF), hospitals, and jails/prisons.

Integrated Dual Disorder Treatment (IDDT) – means an evidence-based practice that improves quality of life for people with co-occurring severe mental illness and substance use disorders by combining substance abuse services with mental health services.

Pre-tenancy – means before a member secures housing.

Telehealth – means the use of telecommunications and information technology to provide access to physical, mental, and behavioral health care across distance.

Telehealth or remote service delivery includes real-time, two-way communication between the service provider and the member.

Tenancy – means after a member secures housing.

COVERED SERVICES & LIMITS

Services are flexible, individually tailored, and involve collaboration between the housing provider, property manager, and tenant to engage in housing, preserve tenancy, and resolve crisis situations that may arise. Housing support services include pre-tenancy and tenancy.

PRE-TENANCY SERVICES

Pre-tenancy services provide members the support that is needed to secure housing. Pre-tenancy services are available only to members living in the community and include:

- Support applying for benefits to afford housing including, but not limited to, the following:
 - Housing assistance
 - Supplemental Security Income (SSI)
 - Social Security Disability (SSDI)
 - Temporary Assistance for Needy Families (TANF)
 - Supplemental Nutrition Assistance Program (SNAP)
 - Low Income Energy Assistance Program (LIHEAP)
- Assisting with the housing search process and identifying and securing housing of the member’s choice.
- Assisting with the housing application process including securing required documentation such as a social security card, birth certificate, prior rental history, etc.
- Helping with understanding and negotiating a lease.
- Helping identify resources to cover expenses including the security deposit, moving costs, and other one-time expenses (e.g., furnishings, adaptive aids, environmental modifications, etc.).

TENANCY SERVICES

Tenancy services assist members with sustaining housing and include:

- Assisting with achieving housing support outcomes as identified in the plan of care.
- Providing training and education on the roles, rights, and responsibilities of the tenant and the landlord.
- Coaching on how to develop and maintain relationships with landlords and property managers.
- Support applying for benefits to afford their housing including securing new/renewing existing benefits.
- Skill training on financial literacy (e.g., developing a monthly budget).
- Assisting with resolving disputes between landlord and/or other tenants to reduce the risk of eviction or other adverse action.
- Assisting with the housing recertification process.

- Skill training on how to maintain a safe and healthy living environment (e.g., training on how to use appliances, how to handle repairs and faulty equipment within the home, how to cook meals, how to do laundry, how to clean in the home). Skills training should be provided onsite in the member's home.
- Coordinating and linking members to services and service providers in the community that would assist a member with sustaining housing.

MODELS

Housing services can be provided through many different service models. Some of these models may include Permanent Support Housing for members with a behavioral health condition experiencing chronic homelessness. Services may be offered in conjunction with Assertive Community-based Treatment (ACT) models, Family Assertive Community Treatment (FACT), Integrated Dual Disorder Treatment (IDDT), or with other treatment/therapeutic models that help a member with stabilizing and accessing their community.

LIMITS

Daily maximum of 8 hours (32 units).

Service authorization requests exceeding the maximum limit which are deemed necessary to prevent the member's imminent institutionalization, hospitalization, or out of home/out of community placement will be reviewed by the Department. All requests to exceed limits must initiate with the care coordinator.

SERVICE REQUIREMENTS

The member must be present to bill for this service.

Providers must offer both tenancy and pre-tenancy services.

Services must be rendered in a Home and Community-Based setting rather than an institutional setting. Providers not rendering this service in a member's private residence or a community-based non-residential setting should refer to the [Home and Community-Based setting policy](#) to ensure services are rendered in a compliant setting.

DOCUMENTATION

Housing support providers must provide monthly case notes to the member's care coordinator. This happens for two reasons:

- 1) to ensure progress toward the member's goals, and
- 2) to evaluate service necessity.

The member's progress is discussed at each 1915(i) plan of care meeting and documented in the plan.

Sample progress notes:

"Met with Jennifer to help her start looking for apartments and apply for housing assistance. Jennifer is wanting to move into an apartment in the next 3 months and needs assistance to do so. We are meeting next week to discuss what

assistance she qualifies for and if she has made any decisions on where she would like to live.”

See “Documentation Guidelines” section of [Provider Requirements policy](#) for Medicaid documentation requirements.

TELEHEALTH (REMOTE SUPPORT)

Up to 75% of housing support services per calendar month may be offered using telehealth so long as the member chooses telehealth as their preferred method of service delivery and all other telehealth requirements are met. In-person support must be provided for a minimum of 25% of all services provided in a calendar month.

See [Telehealth policy](#) for telehealth requirements.

NON-COVERED SERVICES

- Services outside of the service scope including associated costs incurred for providing the service, for example, checking a member’s eligibility.
- Cleaning the member’s home; however, coaching and modeling how to clean is billable.
- Documentation time.
- Documentation not supporting the claim.
- Non-valid claims.
- When real-time, two-way communication does not occur (i.e. leaving a voicemail; electronic messaging).
- A social exchange between the member and provider.
- Services not listed under Covered Services, including associated costs incurred for providing the service, for example, checking a member’s eligibility.
- Services provided to a non-eligible member. Providers are responsible for confirming member eligibility prior to delivering each service.
- Services provided by a non-qualified provider. Group providers are responsible for ensuring their group and affiliated individual providers meet all qualifications and have completed training.

DUPLICATIVE SERVICES

Care coordinators are responsible for ensuring there is no duplication of services.

PROVIDER QUALIFICATIONS

Group

Agencies must enroll with North Dakota Medicaid as a 1915(i) group provider of housing support services.

A group housing supports provider must meet all the following:

1. Be a member of the North Dakota Continuum of Care (NDCOC).
2. The agency, or another resource, must be available 24 hours a day, 7 days a week, to individuals in need of emergency services.

- Agencies must have a policy stating how they will meet this requirement with the goal of keeping the member in their home and community. Policy must provide alternatives to prevent inappropriate use of emergency rooms, inpatient psychiatric placement, incarceration, institutional placements, or other more restrictive placements. The provider and member will develop a risk/safety/emergency/crisis plan during the person-centered plan of care process ensuring the individual has access to 24/7 emergency services either directly by the provider, using natural supports, and/or resources available within their community.
3. Have a North Dakota Medicaid provider agreement and attest to the following:
 - individual practitioners meet the required qualifications
 - services will be provided within their scope of practice
 - individual practitioners will have the required competencies identified in the service scope
 - agency conducts training in accordance with state policies and procedures
 - agency adheres to all 1915(i) standards and requirements
 - agency adheres to all 1915(i) policies and procedures, including but not limited to, participant rights, abuse, neglect, exploitation, use of restraints, and reporting procedures are written and available for ND Medicaid review upon request.

Individual

Individual housing support service providers must:

1. Be certified in Mental Health First Aid Training for Youth and/or Mental Health First Aid Training for Adults, depending on scope of services/targeted population.
2. Have a high school diploma or GED.
3. Have at least one of the following:
 - Two years of work experience providing direct services to individuals experiencing homelessness; or
 - Associate degree from an accredited college or university.
4. Be knowledgeable and competent in person-centered plan implementation.

Supervision

Supervision of individual providers is required. Supervisors must:

1. Satisfy criteria numbers 1 and 2 for individual providers, and
2. Have two or more years of experience providing direct services to individuals experiencing homelessness.

BILLING AND REIMBURSEMENT

Housing support services are billed in 15-minute increments.

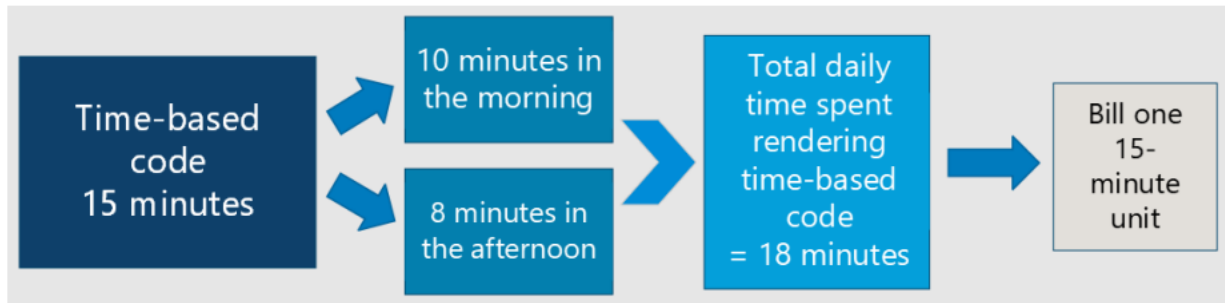
Code	Modifier	Description
H2021	U4	Housing Support (per 15 minutes)

15 Minute Units

Providers can bill a single 15-minute unit for services greater than or equal to 8 Minutes. Services performed for less than 8 minutes should not be billed. Minutes from the same day, with the same Place of Service (POS) code, and for the same member can be combined and billed when adding up to at least 8 minutes.

- 1 unit: ≥ 8 minutes through 22 minutes
- 2 units: ≥ 23 minutes through 37 minutes
- 3 units: ≥ 38 minutes through 52 minutes
- 4 units: ≥ 53 minutes through 67 minutes
- 5 units: ≥ 68 minutes through 82 minutes
- 6 units: ≥ 83 minutes through 97 minutes
- 7 units: ≥ 98 minutes through 112 minutes
- 8 units: ≥ 113 minutes through 127 minutes

The pattern remains the same for times exceeding 2 hours.



Rates are published [here](#) under 1915(i) Services.