1915(i) Behavioral Health Services & Supports

Therap Changes for January 2025



Last updated: 12/30/24

Topics for today's session

More member information available in Therap

New Plan of Care sections

POC Approval Requests/POC Changes needed

Quarterly/Interim Reviews

POC Change Form Requests

Therap Referral training coming in January



Streamlining the information you need

More member information available in Therap



More member information available in Therap

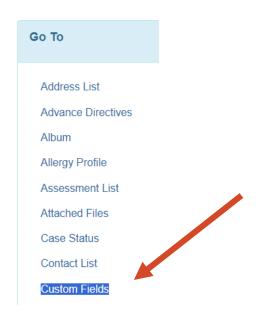
The following information will now be in Therap and no longer be emailed to care coordinators (via eligibility packet) for new members. All information can be accessed from the "Go To" List on the Member's Individual Home Page

Member Eligibility and Medicaid Review Dates Member Guardian/Legal Decision Maker (including parents for minor children) Diagnosis WHODAS/DLA score

Eligibility Application (SFN 741) and WHODAS/DLA assessment

Member Eligibility & Medicaid Review Dates

Click on the Custom Fields section



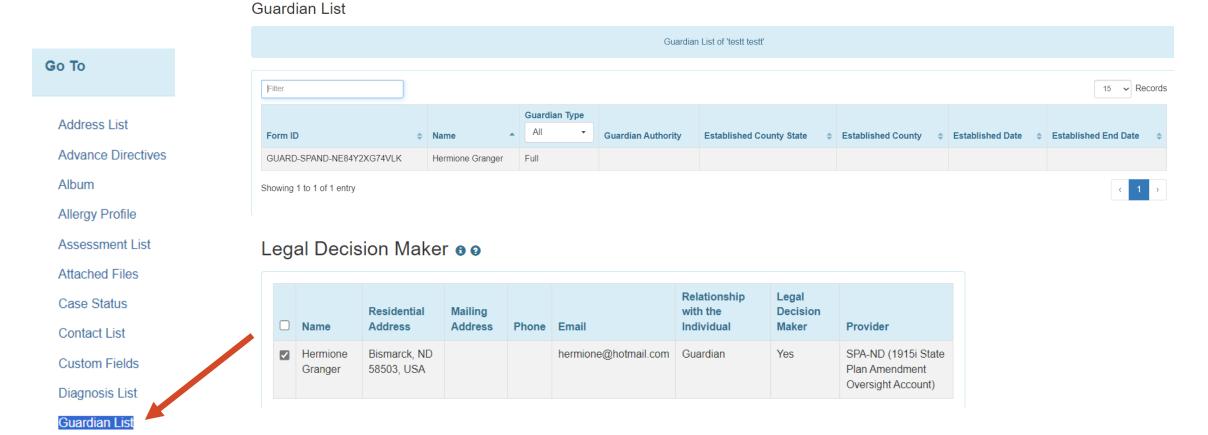






Member Guardian/Legal Decision Maker

Click on the Guardian List section

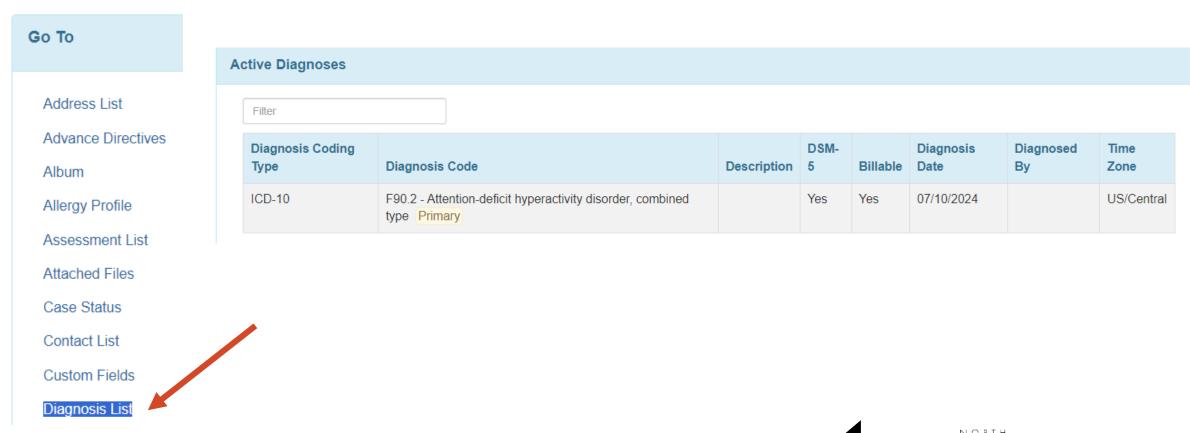






Diagnosis

Click on the Diagnosis List section







WHODAS/DLA Score

Click on the Assessment List section. The type of assessment and score will be listed.

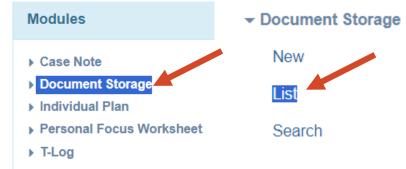




Eligibility Application & WHODAS/DLA Assessment

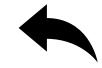
From the Member's Home Tab on their Individual Home Page click List

under Modules on Document Storage



Form ID \$	Individual	Status	Description	Upload Date •	Updated Date \$	Type \$	Received Date \$	Valid From \$	Valid To \$	Entered By \$	File Size \$	Provider	Time Zone	Document \$
DOC-SPAND- NEJ4PDCYZ4VJ4	testt, testt	Active		12/16/2024	12/16/2024	Eligibility Application	12/02/2024			Dendy, Mandy	0.278 MB	1915i State Plan Amendment Oversight Account	US/Central	eligibility.pdf
DOC-SPAND- NE84Y35XG4VLY	testt, testt	Active	Score: 41	12/06/2024	12/06/2024	WHODAS	12/05/2024			Dendy, Mandy	0.011 MB	1915i State Plan Amendment Oversight Account	US/Central	WHODAS test.docx

Ensure that Care Coordinator is in the external Oversight account to see Document storage and that this is enabled in the Super Role





Easier to identify and write goals and compliant POCs

New Plan of Care Sections



Use new plan of care template for new plans (initial or annual) starting January 2025

Sections are

Strengths and Preference Assessment

Conflict of Interest Exemptions

Eligibility & Initiation

Member Goals & Services

Risk
Management/Crisis
Plan (largely
unchanged)

HCBS Setting
Assessment Questions

Plan of Care
Reviews/Attestations &
Signature Attachments
(unchanged)



Strength and Preferences Assessment

This series of questions is person-centered and designed to help care coordinators work with members to identify plan of care goals and steps/resources needed to achieve the goals. These questions are broken into subject matter sections.

Interests and Activities

Living Environment

Employment

Trauma, Safety, and Legal Issues

<u>Financial</u>

Lifestyle and Health

<u>Transportation</u>

Faith and Spirituality

Choice-Making

Relationships and Important People

Hopes and Dreams



Residential

The answer to this question should always be yes. If the member says no to 1)-5) you need to investigate their setting further and documentation should occur in the HCBS settings section.

3. Is your (the member's) residential address a community-based setting? (Community-based settings meet ALL below criteria) [thQ13]*

(Hints: 1) Integrated in and supports full access to your community

- Selected by you and setting options must include non-disability specific settings.
- 3) Ensures your rights of privacy, dignity and respect, and freedom from coercion and restraint.
- 4) Optimizes your choice and independence in making life decisions
- 5) You choose services and supports and who provides them.)
- 1. Yes
- 2. No

Residential

Answers here should determine and support whether housing supports are needed and/or whether there is a residential goal.

1. Alone in own home (owned or rented)	
2. Alone in apartment or other rented residence	
3. In home with family member(s)/guardian(s) (rented or owned)	
4. In apartment or other rented residence with family member(s)/guardia	n(s)
5. In home with non-relatives (rented or owned)	
6. In apartment or other rented residence with non-relatives	
7. Homeless	
8. Other	
Do you want to live in this setting/at this address? [thQ157]*	
1. Yes	
2. No	
If the above answer is no, where would you prefer to live? [thQ158]	[Hide
1. Home/apartment rented by member	
2. Home of parent/guardian	

3. Home of other family member

4. Home of friend

5. Other

4. In what type of residence do you live? [thQ162]* [Hide Options]



Employment

Answers here should determine and support whether employment supports are needed.

7. What would be your ideal job? [thQ164]*
8. What skills do you need to do this job? [thQ165]*
9. What skills do you already have to do this job? [thQ166]*
10. What skills do you need to develop? [thQ167]*



Trauma, Safety, and Legal Issues

Answers here may relate to peer support, family peer support, or lead to referrals for other services/supports (care coordination).

* What experiences/relationships/people make you feel safe or not safe?

test

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* What experiences/relationships/people support you to reach your goals?

test

About 2996 characters left

* Have experiences/relationships/people made it more difficult for you to reach your goals? If so, how?

test

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* Have you been involved with the police and/or the legal system? If so, tell me about your experience(s).





Financial

Answers here may relate to peer support, benefits planning, or referral to other supports/services (care coordination).

* Tell me about how you manage your money.

test

* Are there any skills, supports, of information about money management you think you need?

test

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Lifestyle and Health

Answers here may relate to peer support, family peer support, referrals to other services/supports (care coordination).

coordination).	
* What is your health like?	test
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* Tell me about things you do that help you stay healthy.	test
	About 2996 characters left
* What are some things you would like to do to improve your health?	test



Transportation

Answers here should identify member transportation support needs. Including ways the member can independently commute in their community. Where that's not possible, transportation should be a plan goal with steps towards independence.

* How do you currently get from place to place?

test

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* Are there friends, family, neighbors, co-workers, or other sources of transportation you can

test

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* Is there anything that would make travel easier for you?

use?





Faith and Spirituality

* In what ways are these helpful to

These answers may relate to peer support, family peer support, or connection to sources of support/services (care coordination).

ation).	
* How do you view the purpose of your life?	test
	About 2996 characters left
* What spiritual or faith-based activities do you participate in?	test
	About 2996 characters left

you?



Choice-Making

These answers may relate to peer support, family peer support, or connection to sources of support/services (care coordination).

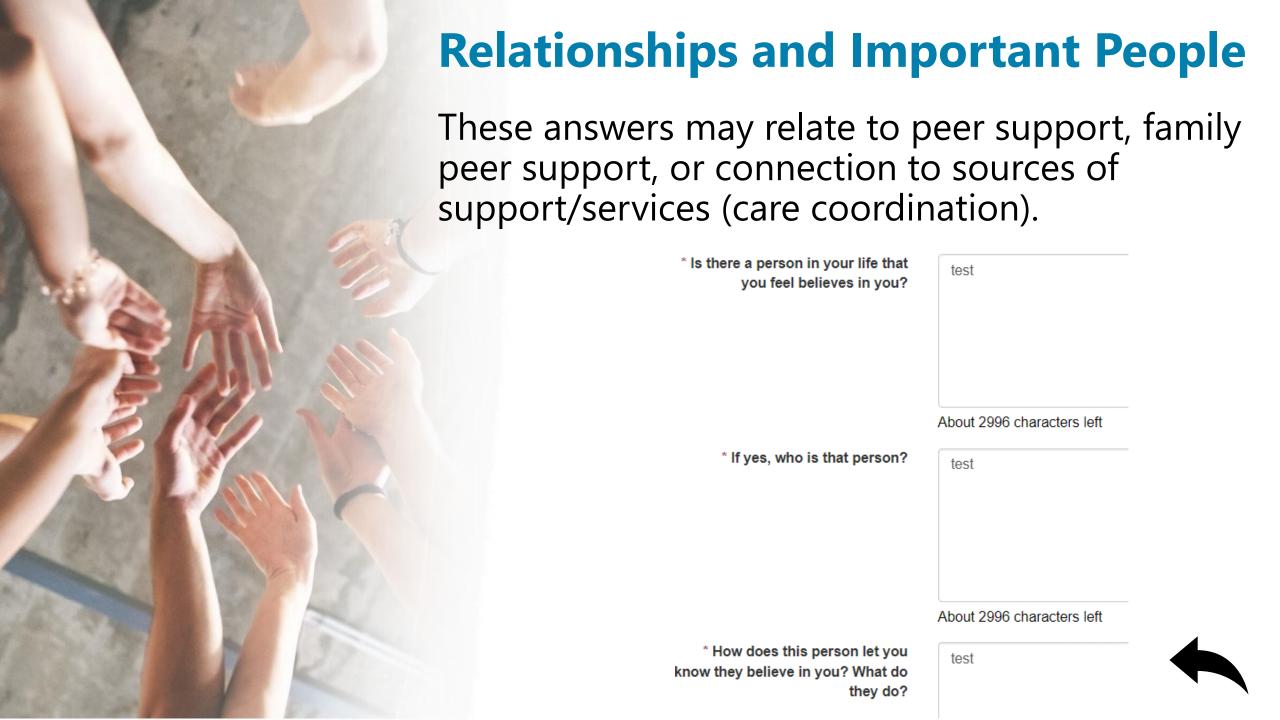
* Are there any choices in your life you would like to make that others are making for you?

test

About 2996 characters left

* If you could make these choices, what would you choose differently?







Hopes and Dreams

* Tell me about your hopes or dreams for the future.

test

These will help with goal setting in general to get a *What are some hopes and dreams you have let go of? better feel for the member, their strengths, and where they'd like to go.

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test

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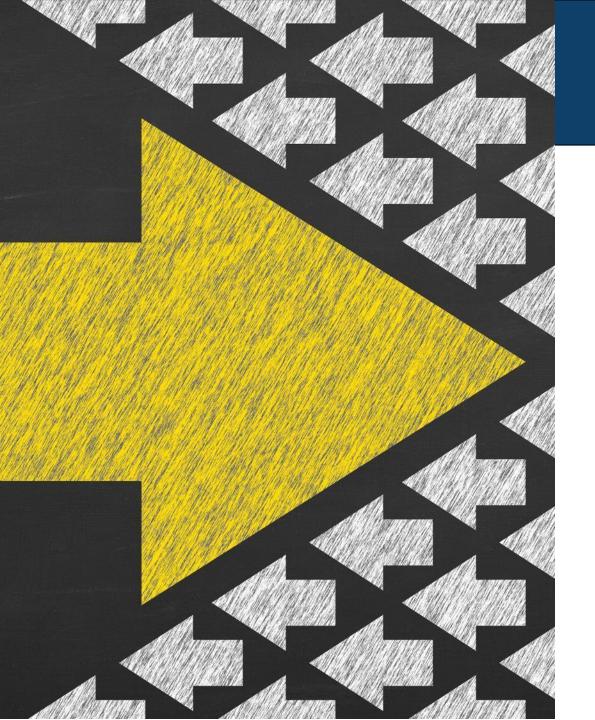
test

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* What did you do to make those dreams come true?

* Tell me about the dreams that

have come true for you.



Conflict of Interest Exemptions

Answer the first question to determine whether you need to answer the following questions.

* Is your agency wanting to provide both care coordination and supportive services (i.e. peer support, housing support, etc.) to this member?





Conflict of Interest Exemptions

You will be asked to list the different service providers for care coordination and supportive service(s) if you qualify for the exemption for this member.

Care coordinators may only render care coordination for a member, even if the conflict of interest exemption applies.

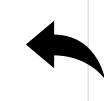
If you answered yes to the previous question, is your agency the only willing and qualified provider in the member's county of residence?

Hints: You can be the only willing and qualified provider for the follow 1

If you are the only willing and qualified provider, which of the following shows you are the only willing and qualified provider?

- Yes. Requires documentation showing you are the only willing and qualified provider. Please attach to this plan of care.
- No. You cannot provide both care coordination and supportive services to this member.
- There are no other providers offering the service in the member's county of residence as documented by a dated screenshot of the 1915(i) Supportive Services Provider List uploaded along with this plan of care.
- □ There are no other providers offering culturally specific services to meet this member's specific service requirements as documented by this plan of care, a dated screenshot of the 1915(i) provider list uploaded to this plan of care and/or service denials or proof of no response from other service providers.
- All other supportive service providers in this member's county of residence have denied or not responded to service referrals. Documentation required (if referrals are sent in Therap there is documentation of no response or denials which suffices).
- Other. If you answer other, please explain in the next question.

If you answered "Other" please explain why your agency is the only willing and qualified provider to do both care coordination and supportive services for this member.



Eligibility & Initiation

Here is where you will enter the member's eligibility dates, plan of care/meeting dates, assessment score, and identify/verify no duplication of services.

You'll be asked to more comprehensively identify other services the member is currently receiving to help document no duplication of services as appropriate.

Other services and service duplication verification

* Does this member receive any other Medicaid-funded or potentially duplicative services? Hints: 1915(c) Waiver Services, Targeted Case Management, etc.	YesNo
If the above answer is yes, please select the Medicaid or other service(s) lints: You can check the member's Medicaid waiver service eligibility in 1	 Autism Waiver - ND.0842 Medically Fragile Waiver - ND.0568 HCBS Aged and Disabled Waiver - ND.0273 ID/DD Waiver - ND.0037 Children's Hospice Waiver - ND.0834 Targeted Case Management Behavioral Health Rehabilitative Services (including psychosocial rehabilitation) Community Transition Services through the ND Transition and Diversion Services Pilot Project or Mor Follows the Person Individualized Education Plan (IEP) through the Individuals with Disabilities Education Act (IDEA) Foster care Vocational Rehabilitation Other

If you answered other, please list what other potentially duplicative services the member receives.



Member Goals & Services

This section has been expanded on with questions designed to capture each component of a S-M-A-R-T goal.

* What goal is member trying to achieve? Be specific.

Hints: This question is the S in SMART goals - Specific.

* How is the member going to achieve the goal?

Hints: What steps is the member going to take?

This question is the M 1

* List the member's unpaid natural supports and community resources the member has access to in support of this goal. Hints

List:

- Support Provided
- Name of Support or Resource
- Contact Information (Address, Phone, and/or Email address)

* What tools or resources does the member need to achieve this goal? (Type N/A if the member has the necessary tools or resources to work towards achieving this goal.)

> * What is the benefit of member achieving this goal?

Hints

resource, list it.

Hints

What do they expect to happen if they reach the goal? What kind of change(s) do they expect to see?

This question is the A in SMART goals -

Achievable. Ensuring the member has what they

need to work towards this goal. I.e., you wouldn't

ask someone to repair a car without giving them the tools they need to do the mechanical repairs.

The same applies here. If the member needs to

work on a specific skill or have access to a

This is the R in SMART Goals - Relevant. How does achieving this goal make sense for the member?

* When does the member expect to achieve this goal?

Hints

Enter a timeframe in days, weeks, or months. This goal should be evaluated quarterly for progress or adjustment.

This is the T in SMART goals - Time-bound. It gives you a timeframe and something to shoot for.

Goal writing

The new POC goal questions make it easy to write SMART goals by breaking each component into a separate question. Answer all questions to ensure you have a SMART goal.



Be specific with each answer

* What goal is member trying to achieve? Be specific.

Hints: This question is the S in SMART goals - Specific.

* How is the member going to achieve the goal?

Hints: What steps is the member going to take?

This question is the M 🕕

* What tools or resources does the member need to achieve this goal? (Type N/A if the member has the necessary tools or resources to work towards achieving this goal.) Member is currently living at a sober living facility. Member used to live independently in an apartment and would like to get an apartment again.

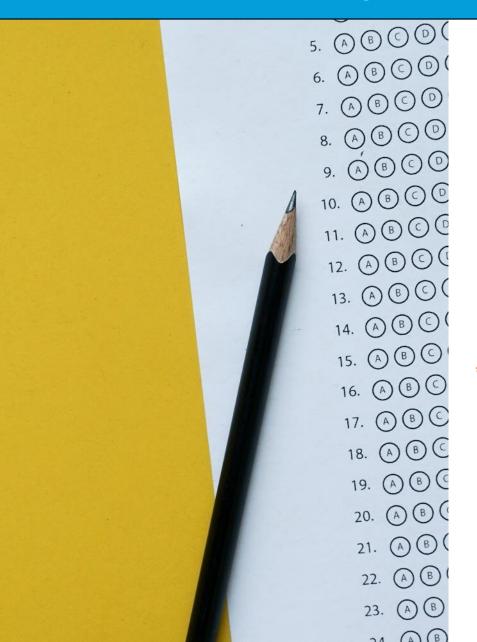
Member is going to first do a budget to see how much money they have and explore available assistance to see what rental properties they can afford.

Member is going to visit and/or fill out five rental applications per week.

Member doesn't have transportation to explore rental properties outside of walking distance of his friend's residence. He needs transportation. He also needs someone to review his applications before submitting them. He might need reminders and follow-up as well.



Answers lead you to the appropriate service(s)



* What is the benefit of member achieving this goal?

Hints: What do they expect to

The member is looking forward to having a place of his own where he can have his children over to visit.

* When does the member expect to achieve this goal?

Hints: Enter a timeframe in days,

Member understands this might take a while and expects to have an apartment within the next three months.



Integrate services to support goal achievement

What service(s) will help me achieve this goal?

 In this example, member would benefit from both Housing Supports and Non-Medical Transportation to achieve this goal.



Cross-train service providers for seamless service integration

Housing Support Specialist/Non-Medical Transportation Provider

- A NMT provider can drive the member to look at and apply for apartments and bill for that service
- Then while at the apartments, the provider can render Housing Support services and bill for those
- Providing seamless service for the member and maximizing billable moments



NMT pairs with other supportive services

NMT is not a standalone goal

- NMT is used to support a member in achieving POC goals.
- A new POC template will have the option to select two services in support of one goal i.e. peer support or housing support and NMT to support a member's transportation needs in relation to the goal.



HCBS Setting Assessment Questions

You will answer the first question and if the answer is No then you do not need to complete the following sections.

If you answer Yes to the first question, you must complete the Provider-Owned or Controlled Setting section.

If you answer Yes to any questions in the Provider-Owned or Controlled Setting section, you must answer the questions in the Setting Modifications section.

Provider Question

* Is the member receiving 1915(i) services in a provider-owned or controlled residential setting?

Hints

- Yes. The Provider-Owned or Controlled Setting section of this Questionnaire must be completed.
- No. Skip the Provider-Owned or Controlled Setting section of this Questionnaire.

This means that a provider either owns or operates the member's residential location.



Provider-Owned or Controlled Setting



Setting Modifications



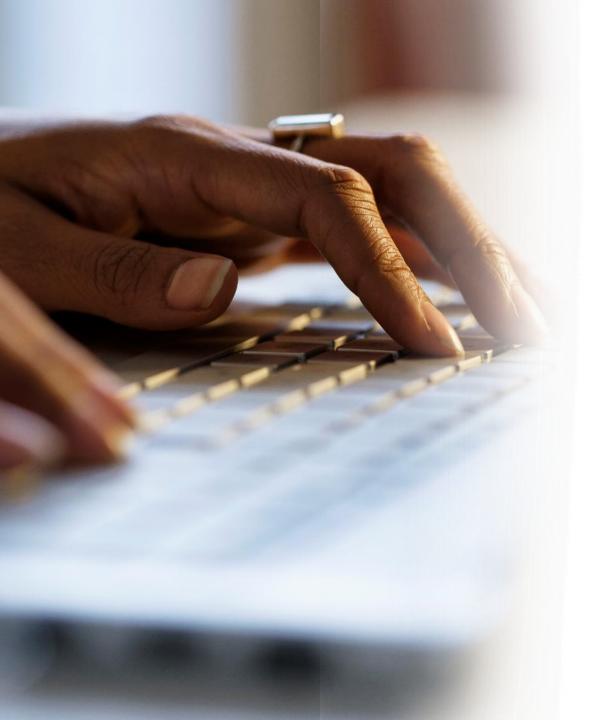


Health & Human Service

Reducing unnecessary emails

POC Approved Requests/POC Changes Needed





No need to email POC Review Requests anymore

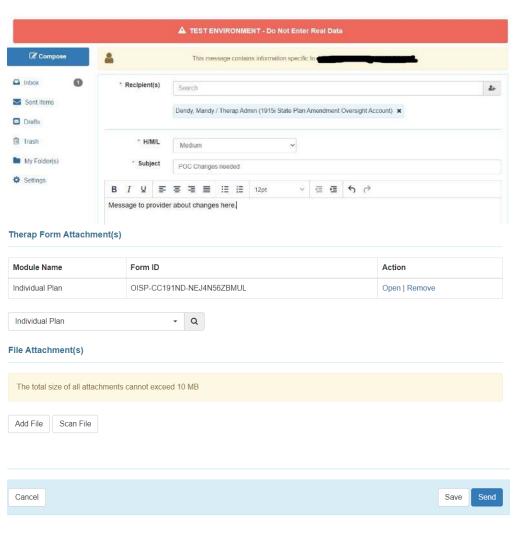
We will be working submitted initial and amended plan of care requests from Therap chronologically from oldest submission to newest submission.



Using secure SComm to communicate

Care coordinators will receive SComm Therap communications from program staff when changes are needed. The plan will be attached.

You will need to then make changes in the POC and Submit it for approval again using the Submit button. It will enter our work queue again for review.





Expanded Guidance on Quarterly Plan of Care Reviews and Plan Updates eliminating gray areas

Quarterly/Interim Reviews



Using Individual Plan Agendas to document quarterly/interim reviews

Beginning January 6th, Care Coordinators will use the Individual Plan Agenda to document quarterly/interim meetings with members.

This will document discussion and evaluation of plan goals and progress towards those goals. The Plan Agenda and Action Planning will identify new/changed steps for the Plan of Care





Areas of focus for Individual Plan Agendas

Discussion/review of member goals

Discussion/review of steps member is taking with service provider to reach goals

Discussion of member's satisfaction with services/progress

Identification of progress/steps/resources needed to make progress or make more progress

Verification Conflict-of-Interest exemption is still valid, if applicable





Discussion and Documentation focus

Do for **EACH** Plan of Care goal:

Discussion of goal

Whether there has been progress

What progress occurred and what needs to happen to continue/start making progress during the next quarter

Whether the goal has been reached. If so, POC needs changing to remove that goal and possibly set another one.

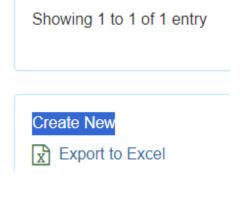
Action plan for next quarter to help get closer to/achieve goal



How to start an Individual Plan Agenda

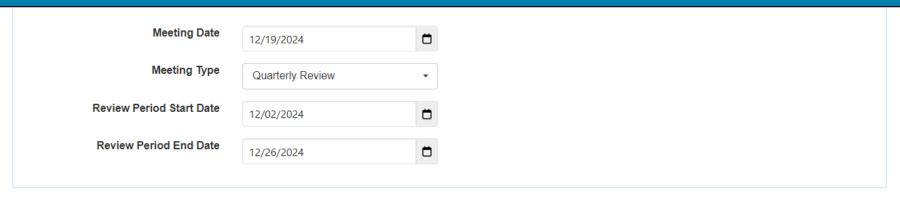
- Go to the Member's Individual Home Page
- Click under Modules "Individual Plan Agenda" and select "New" or once you are in the list, select "Create New"

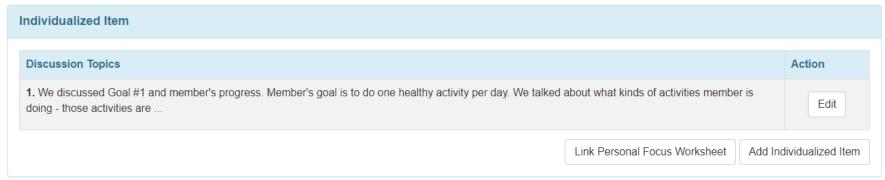


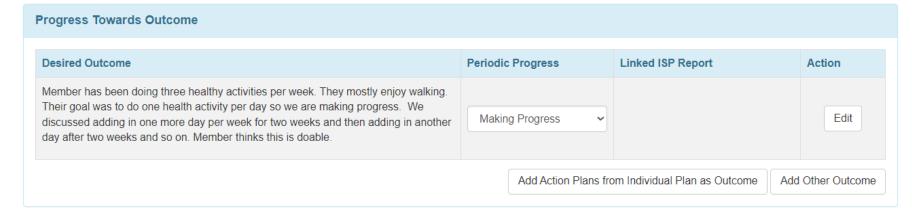




Filling out the Individual Plan Agenda





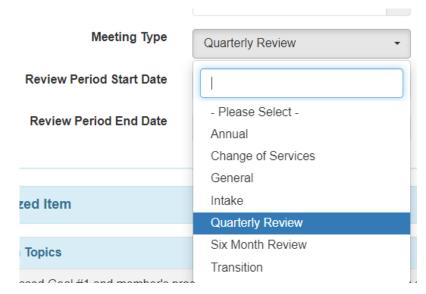




Select your dates and type of meeting

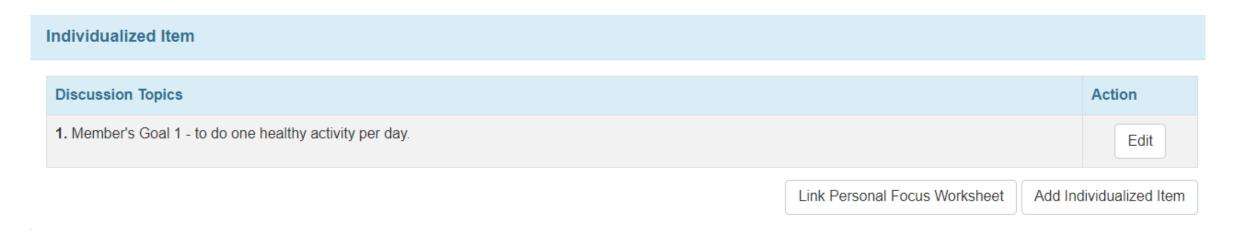
Enter the Quarterly/Interim Meeting Date. Indicate the Meeting Type in the drop down

You will primarily need to select "Quarterly Review" or "Change of Services" when doing interim meetings regarding service changes. Please do not select Six Month Review as our requirements are that you meet with each member at least quarterly and that is the period we are measuring.



Adding Individualized Items

Click "Add Individualized Item" to add a Discussion topic. Each discussion topic should relate to a goal or the member's services in support of achieving that goal. See below example.

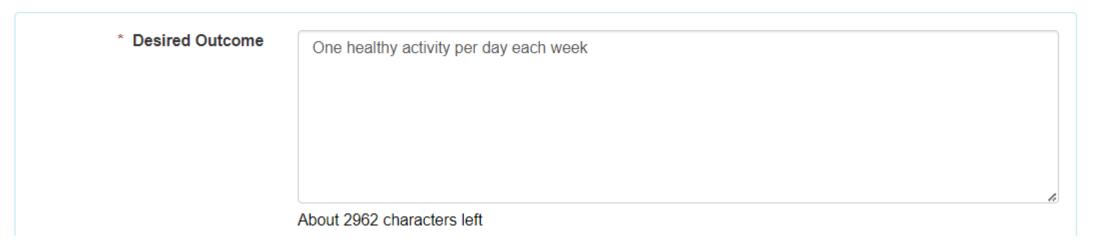




Adding Progress Towards Outcomes

Click "Progress Towards Outcome" to describe the person's desired outcome – i.e. what they are trying to achieve (goal).

Progress Towards Outcome •



Adding Progress Towards Outcomes

Then select the appropriate field under "Periodic Progress".

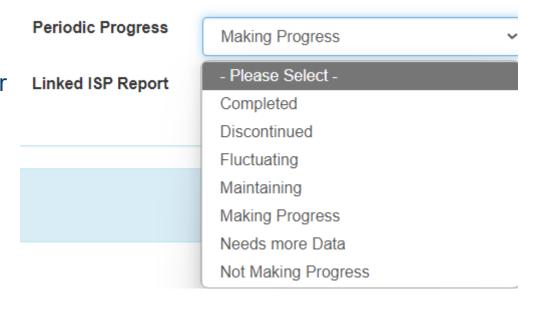
Choose Completed if the member has achieved their goal

Choose **Discontinued** if you are ending the member's goal for any reason other than completion – i.e. if the goal is no longer realistic due a member's changed circumstances.

Choose **Fluctuating** if member's making/losing progress.

Choose **Making Progress** if your discussion with member shows there is progress towards that goal being made. Add any additional comments about further steps to achieve the goal in the comments section.

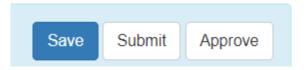
Choose **Not Making Progress** if the member's progress is stalled. Your notes should identify WHY the member's progress is stalled and there should then be a corresponding action plan to identify ways to create progress.





Saving Individual Plan Agenda

Click "Save" at the bottom.



Go to the Individual Plan Agenda List.

You will see the Plan Agenda as showing "No" for Meeting Minutes Recorded. Click on this Plan Agenda.





Recording Meeting Minutes – documenting

Click on "Record Meeting Minutes" at the bottom of the screen and click "yes" on the

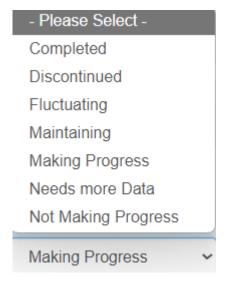
popup. Individualized Item **Discussion Topics** 1. Member's Goal 1 - to do one healthy activity per day. **Progress Towards Outcome Desired Outcome** Periodic Progress Linked ISP Report One healthy activity per day each week Making Progress Required Items Nothing found to display External Attachment(s) Nothing Attached View PDFs **Record Meeting Minutes** Cancel Back Discontinue Copy

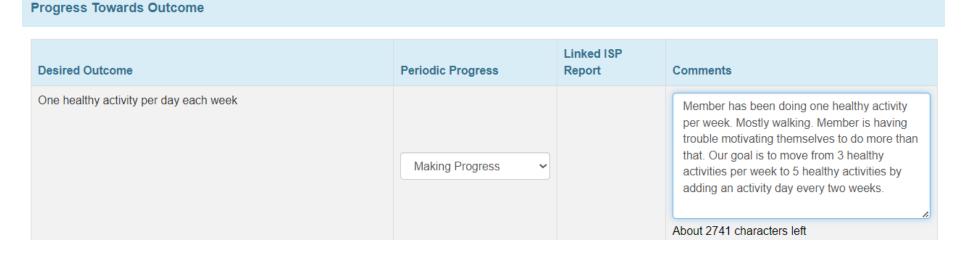


Filling out Progress Towards Outcome section first

Use the Comments section to outline the member's progress – whether that is a lack of, fluctuating, or making progress.

Describe the member's progress. If you are ending or modifying the goal explain why that's necessary. See below example:







Filling out Individualized Item section

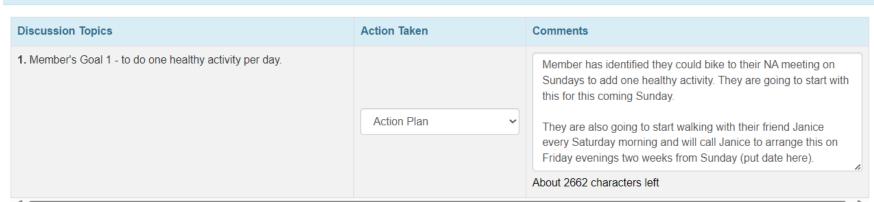
Select Action Taken. You will choose Action Plan or Issue Resolved.

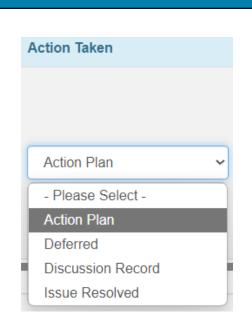
Choose **Action Plan** when the goal has not been achieved and you are identifying action steps for the next quarter.

Choose Issue Resolved when the goal has been achieved.

Use the Comments section to lay out the Action Plan steps, example below.

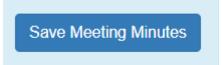
Individualized Item





Saving Meeting Minutes

Click "Save Meeting Minutes"



You will now go in to Edit the member's Plan of Care.

Linked Individual Plan Agenda | Acknowledgement Report

At the bottom you will click "Link Individual Plan Agenda"

You will see the Individual Plan Agenda you approved Listed. Click on it to make sure it shows your Individual Plan Agenda.

Individual Plan Agenda List





Using the Individual Plan Agenda

By looking at a member's Individual Plan Agenda you can see whether their Plan of Care has been updated based on a Plan Agenda.

Individual Plan created/updated based on this Individual Plan Agenda OISP-CC191ND-NCB4STAZ7EQLQ

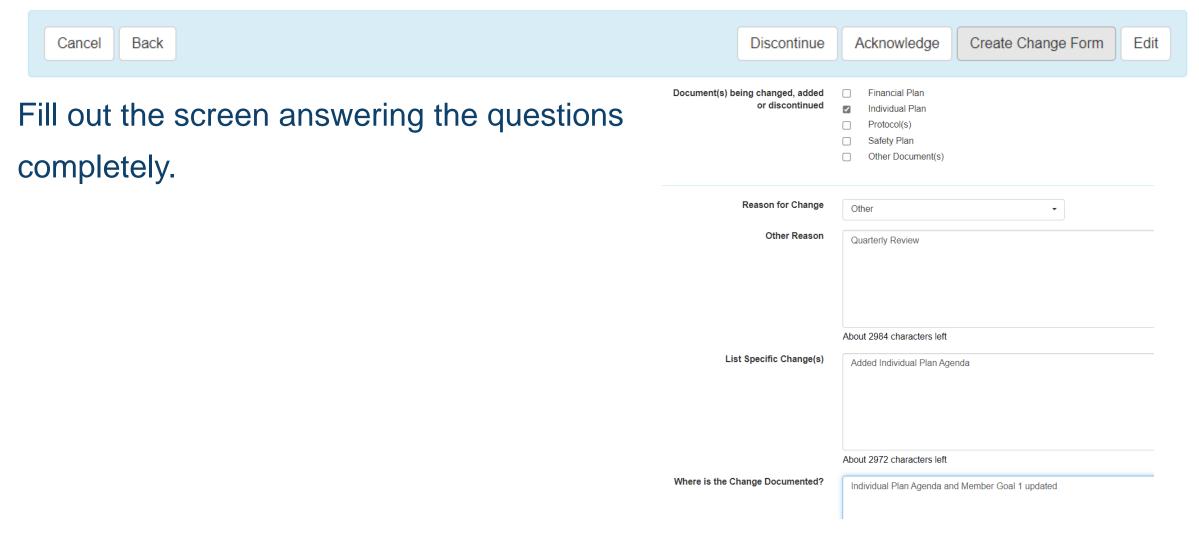
Start Date: 08/22/2024

Dakota | Health & Human Services

End Date: 05/31/2025

Adding the Plan Agenda to a Member's Plan of Care/Change Form Request

You will now click "Create Change Form" at the bottom of the Plan screen.



Adding the Plan Agenda to a Member's Plan of Care/Change Form Request

You will now click "Activate and Edit Individual Plan". This lets you open the member's Plan and edit it.

Back Save Activate Activate and Edit Individual Plan

You will see the following confirmation at the top of your screen after you click to Activate and Edit Individual Plan.

The form OISPCF-CC191ND-NEN4N5BYTMULB has been Successfully Activated

Save and Continue Editing



Change Form Request and Editing the Member's POC

You will scroll down the Member's Plan to the Action Plan section. Click "Import from Individual Plan Agenda" and select the Individual Plan Agenda.



Select the Desired Outcome and Need/Issue.

Action Plan List

You have selected 1 items

Select	Desired Outcome	Need/Issue
	Member has identified they could bike to their NA meeting on Sundays to add one healthy activity. They are going to start with this for this coming Sunday. They are also going to start walking with their friend Janice every Saturday morning and will call Janice to arrange this on Friday evenings two weeks from Sunday (put date here).	Member's Goal 1 - to do one healthy activity per day.

Editing the member's Plan of Care

Member Plan of Care goals must be updated as needed each quarter.

When you are done making updates to the POC you will select "Update without Closing the Change Form" and then you will see this confirmation.

The form OISP-CC191ND-NCB4STAZ7EQLQ has been successfully updated

Once you receive notification the Change Form has been acknowledged by program staff, you will also Acknowledge the Plan.

Cancel Back Discontinue Acknowledge Create Change Form Edit

The form OISP-CC191ND-NCB4STAZ7EQLQ has been successfully acknowledged

Edit the Desired Outcome and Need/Issue if more detail is needed

Selecting "Edit" will allow you to add any detail here.

You are describing the action the member will be taking as the Need/Issue and any things they need to overcome to achieve the goal.

You are describing the Desired Outcome as what you and the member expect to see for progress by the end of next quarter.



If a Conflict-of-Interest Exemption applies, verify & document it still applies at Quarterly Reviews

Care coordinators whose agency is also providing supportive services under a conflict-of-interest exemption should verify that the exemption still applies quarterly.

Providers are expected to send referrals if it no longer applies or if referrals are needed to determine if the exemption still applies. No more copying Plans of Care for Plan updates

POC Change Form Requests





Submitting the Plan Change Form

Click "Update without Closing the Change

Form" to submit the Changed Plan for program staff approval.



Updating without Closing the Change Form will generate a work item for state staff to review the change request/changed POC.

Submitting the Plan Change Form

You should never submit a Change Form without also editing the member's POC as the changes need to be reflected on the POC itself.

Program staff must acknowledge Plan changes. The changed Plan is not considered Approved until you receive acknowledgement from program staff.

You will see this acknowledgement tracked through Therap.

Submitting the Plan Change Form

Click on the next to Approved and this will show you the Plan's history – submission, approval, updates, etc.

1915(i) Plan of Care 11.2024 Approved

The Change Form feature for POCs is NOT for YEARLY reviews. This is for quarterly reviews or interim updates only.

Members need a completely new plan of care developed on at least an annual basis which requires going through all questions and inputting new member information (i.e. new WHODAS/DLA, eligibility dates, strength and preference assessment

answers, etc.)

Time Zone: US/Central
Entered By: Care Coordinator on 11/01/2024 09:38 AM
Last Updated By: Mandy Dendy, Therap Admin on 12/19/2024 02:49 PM
Approved By: Mandy Dendy, Therap Admin on 12/18/2024 02:58 PM
Plan Type: Individual Support Plan
Template Form ID: IPPT-SPAND-I

Update History
Click Update History to see more details.

Educating on and supporting in switching to online supportive service referrals in Therap. Reducing emails and wasted time sending referrals = quicker access to services.

Therap Referral webinars in the month of January. Referrals to start end of Jan/beginning of Feb.



Upcoming Therap Trainings - Referrals

These sessions are designed for agency staff who are responsible for sending and accepting service referrals.

This training is on how care coordination agencies can generate Therap referrals to supportive service provider agencies. Therap referrals will be required at the end of January/beginning of February 2025. Exact date TBA. Therap referrals will replace the Service Provider Request form.

*All sessions will have the same information, you only need to attend one

Register here:

https://therapservices.zoom.us/webinar/register/WN Rn ObcSm3Q9C9rDoeqXpe5w#/registration



Referral Module Training for Care Coordination

Description This will be a training on how to generate referrals to

provider agencies

Date & Time Jan 8, 2025 01:00 PM

Jan 15, 2025 01:00 PM

Jan 22, 2025 01:00 PM

Time shows in Central Time (US and Canada)





Also happening in January – alignment of Expansion member Navigation and POC reviews, improving turnaround times

There will be separate Expansion Navigation and POC review staff





Questions?



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