

Adult and Aging Services
AT A GLANCE



PROGRAMS AND SERVICES

The following services are funded through the Older Americans Act (OAA) to address the need for community social services for older adults. The act supports a range of essential home and community-based services. This is done to help as many older adults live as independently as possible in their homes and communities.

AGING & DISABILITY RESOURCE LINK (ADRL)

SERVICES

- Information and referral assistance.

ELIGIBILITY

- People of all ages, income, and disabilities family members and caregivers.

SERVICE CHARGE

There is no charge for the services.

FAMILY CAREGIVER SUPPORT PROGRAM (FCSP)

SERVICES

- Information about local services.
- Assistance to caregivers in assessing needs and access to services.
- Individual and family counseling.
- Organization of support groups.
- Respite care to give caregivers a break.
- Supplemental services to complement the care provided by caregivers.

ELIGIBILITY

- People aged 18 or older who provide 24-hour care to an adult who is 60 years of age and older and who is not safe to be left alone.
- Grandparents and other relative caregivers (other than the parent) aged 55 years and older caring for a child aged 18 or younger.
- Parents or other relative caregivers aged 55 and older caring for an adult with a disability between the ages of 19 to 59.
- People aged 18 or older caring for a person with Alzheimer's disease and related dementias, regardless of age.

SERVICE CHARGE

There is no charge for the services.

ASSISTIVE SAFETY DEVICES DISTRIBUTION SERVICE

SERVICES

- Assessment to determine need for safety devices.
- Assistive safety devices (grab bars, magnifiers, reaching aids, medication dispensers, seat lifts, etc.).

ELIGIBILITY

- Person aged 60 and older.

SERVICE CHARGE

There is no charge for the services.

DEMENTIA CARE SERVICE

SERVICES

- Care consultations services.
- Education and training for care providers.
- Facilitation of referrals.
- Information for professionals, caregivers, and the public on services available to people with dementia and their caregivers.

ELIGIBILITY

- People with dementia or are suspected of having dementia and their caregivers.

SERVICE CHARGE

There is no charge for the services.

GUARDIANSHIP ESTABLISHMENT PROGRAM SERVICES

SERVICES

- Funding to cover petitioning costs for guardianships of eligible adults.

ELIGIBILITY

Adults (18 and older) who:

- Meet the definition of incapacitated (N.D.C.C. § 30.1-26-01).
- Have an income at or below 100% of the federal poverty level or qualify for Medicaid.
- Are not eligible for developmental disability case management.

SERVICE CHARGE

There is no charge for the services.

LEGAL ASSISTANCE SERVICE

SERVICES

Legal casework within required categories of:

- Abuse
- Age discrimination
- Guardianship defense
- Health care
- Housing
- Income
- Long-term care
- Neglect
- Nutrition
- Protective services
- Utilities

Toll-free legal hotline: 1-866-621-9886.

ELIGIBILITY

- People aged 60 and older.

SERVICE CHARGE

There is no charge for the services.

LONG-TERM SERVICES AND SUPPORTS OPTION COUNSELING SERVICES

SERVICES

- Assists in providing resources and referrals to residents residing in long-term care facilities about in-home and community-based options.

ELIGIBILITY

- Nursing facility residents who may require medical and supportive services to return to the community.

SERVICE CHARGE

There is no charge for this service.

HEALTH MAINTENANCE SERVICES PROGRAM

SERVICES

- Blood pressure/pulse/rapid inspection.
- Foot care.
- Home visits.
- Medication setup.

ELIGIBILITY

- People aged 60 and older.

SERVICE CHARGE

There is no charge for the services.

LONG-TERM CARE OMBUDSMAN PROGRAM

SERVICES

- Receive and investigate complaints made by or on behalf of residents in facilities.
- Complaint resolution.
- Ongoing presence of local long-term care ombudsmen and volunteer ombudsmen in assigned facilities.
- Advocacy for resident.

ELIGIBILITY

- Residents of nursing facilities, basic care facilities, hospital swing beds, sub-acute and transitional settings, and assisted living facilities

SERVICE CHARGE

There is no charge for the services.

NUTRITION SERVICES PROGRAM SERVICES

- Congregate meals in group settings.
- Home-delivered meals.
- Nutrition screening.
- Nutrition education.
- Nutrition counseling.

ELIGIBILITY

- People aged 60 and older and their spouses, regardless of age.
- Volunteers under age 60 providing meal services during meal hours.
- People with a disability under age 60 in a housing facility primarily occupied by older people may receive nutrition services if the facility is a congregate meal site.
- People with a disability under age 60 who reside with an person aged 60 and older.

SERVICE CHARGE

There is no charge for the services.

OPTIONS COUNSELING SERVICE SERVICES

- Home visits to assess needs.
- Resources and referrals.
- Follow-up.

ELIGIBILITY

- People aged 60 and older.
- Adults with physical disabilities.
- Family members.

SERVICE CHARGE

There is no charge for the services.

PREVENTIVE HEALTH PROGRAM SERVICES

- Falls Prevention – strength and balance exercise programs.
- Powerful Tools for Caregivers – training for caregivers.

ELIGIBILITY

- People aged 60 and older.

SERVICE CHARGE

There is no charge for the services.

TELECOMMUNICATIONS EQUIPMENT DISTRIBUTION SERVICE (TEDS) SERVICES

SERVICES

- Specialized telecommunications equipment.

ELIGIBILITY

People who:

- Meet income limits based on the estimated median income for North Dakota.
- Have difficulty using a telephone due to deafness, hard of hearing, speech impairment or physical disability.

SERVICE CHARGE

There is no charge for the services.

ADULT PROTECTIVE SERVICES PROGRAM (APS) SERVICES

SERVICES

- Assessment and evaluation of alleged abuse, neglect, self-neglect, or exploitation.
- Provide or refer services if the vulnerable adult accepts/consents along with follow-up.
- Public education.

ELIGIBILITY

- People aged 18 and older or a minor emancipated by marriage who have a substantial mental or functional impairment that compromises health, safety, or independence.

SERVICE CHARGE

There is no charge for the services.

People must be given the opportunity to contribute to the cost of the service. No one can be denied service due to the inability or unwillingness to contribute. Contributions received are used to expand additional services.

Home and Community-Based Services (HCBS)

Live at Home Longer with Services and Support for Older Adults and People with Physical Disabilities

HCBS are services provided in the person's own home. People must meet both functional and financial eligibility requirements to receive HCBS. HCBS is based on individual needs, choice of services, and choice of who provides the care.

North Dakota provides HCBS through several programs. Each program offers a specific set of services, and may have different functional and financial eligibility criteria.

PROGRAMS INCLUDE:

- Medicaid State Plan – Personal Care Services.
- Medicaid Waivers for Home and Community-Based Services.
- Service Payments for the Elderly and Disabled (SPED) Program.
- Expanded Service Payments for the Elderly and Disabled (Ex-SPED) Program.

MEDICAID STATE PLAN - PERSONAL CARE SERVICES (MSP-PC) SERVICES

Helps people with daily living activities such as bathing, dressing, transferring, toileting, preparing meals, housework, and laundry so they can continue to live in their homes and communities.

ELIGIBILITY

Adults (18 and older) who:

- Are on traditional Medicaid or qualify for medically frail status.
- Have services determined with an HCBS case manager.
- Meet functional criteria defined in policy.
- Need services for an extended period of time.

SERVICE CHARGE

There might be charges based on your Medicaid.

MEDICAID WAIVERS FOR HOME AND COMMUNITY-BASED SERVICES SERVICES

- Offers a variety of services and support that allow people to stay in their homes and communities instead of getting care in a nursing home.

ELIGIBILITY

Adults (18 and older) who:

- Are on traditional Medicaid.
- Have services determined with an HCBS case manager.
- Meet the nursing home level of care defined in policy.
- Need services longer than 90 days.

SERVICE CHARGE

There might be charges based on your Medicaid.

SERVICE PAYMENTS FOR THE ELDERLY AND DISABLED (SPED)

SERVICES

- Offers a variety of services and support that allow people to stay in their homes and communities.

ELIGIBILITY

Adults (18 and older) who:

- Meet income guidelines with assets under \$50,000. Income is based on a sliding fee scale.
- Have services determined with an HCBS case manager.
- Meet functional criteria defined in policy.
- Must need services longer than 90 days.

SERVICE CHARGE

There might be charges based on income.

EXPANDED SPED (EX-SPED) PROGRAMS

SERVICES

- Offers a variety of services and support that allow people to stay in their homes.

ELIGIBILITY

Adults (18 and older) who:

- Are on traditional Medicaid
- Receive Federal Social Security (SSI) or have an income that is at or below the SSI level.
- Have services determined with an HCBS case manager.
- Meet functional criteria defined in policy.
- Need services longer than 90 days.

SERVICE CHARGE

There is no charge for the services.





For more information, please contact:

Adult & Aging Services Aging & Disability Resource LINK

1-855-462-5465, 711 (TTY)

carechoice.nd.assistguide.net

Email: carechoice@nd.gov

Health and Human Services provides more than 150 programs and services that help North Dakotans improve their health and well-being.

Visit hhs.nd.gov to learn more

In accordance with Federal and state law, it is the policy of the Department of Health and Human Services (HHS), Adult & Aging Services, to prohibit discrimination against individuals in the delivery of programs and services, and to make all programs and activities accessible. For information on the HHS Nondiscrimination Policy go to: <https://www.hhs.nd.gov/about-us/non-discrimination> or request a written copy of the policy from any HHS office.

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1237 West Divide Ave. Suite 6 • Bismarck, ND 58501
1-855-462-5465 • www.hhs.nd.gov