

DIVERSION EFFORTS.

While the care needs for some older adults with age-related issues and adults with disabilities are complex and challenging, their journey doesn't have to lead to a nursing home. North Dakota provides support and services to divert individuals already living in the community away from nursing home care toward remaining in the community with the supports they need.

The first step for individuals or family caregivers is to reach out to the Aging and Disability Resource Link information hub and intake hotline for guidance.

The process involves gathering information and helping people understand what's possible while making sure individuals have access to the right resources to help them thrive in the community.

Diversion support provides the resources to pay eligible in-home providers to help with personal hygiene tasks, housework, meal preparation and more. These in-home support services can be provided by an individual, family or agency-qualified service providers who enroll with the state to provide the care. There are also programs that can help family caregivers find respite or receive compensation for caring for eligible family members.

PROVIDING SERVICES THAT SUPPORT INDEPENDENT LIVING.

As an outcome of the systems change efforts implemented to meet the requirement of the U.S. Department of Justice settlement agreement, North Dakota continues to expand and raise awareness about services available to older adults and adults with disabilities that significantly impact their ability to live independently in their homes and communities.

The mission is to empower people by providing support options that help them make informed choices that best fit their life situation. North Dakota's in-home and community-based services system for older adults and adults with disability comprises five vital stages, the fourth of which is diversion efforts.



HUMAN IMPACT STORY: How Bobbie Got Help Caring For Her Husband At Home.

When her husband Brian's early onset dementia worsened, Bobbie Engquist knew she needed help. She talked with her friends and consulted with several nursing homes. After weighing the pros and cons of moving her husband to a facility, she finally decided to care for him at home, resolving to find a way to make it work.

Health and Human Services directed Bobbie to the resources she needed. Specialists assessed her husband and determined that he qualified for assistance. Bobbie met with an assigned care team, who helped her decide what was best. Together, they made a plan that met both her and her husband's needs.

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By keeping him at home, he was around his children when they visited, and his grandchildren, and you don't get that anywhere else but home.

Bobbie Engquist, family caregiver

Bobbie was thankful that she got the right assistance in her time of need and that her husband could spend his remaining time at home surrounded by the people he loved and who loved him.

This story is just one of many about the positive impact of home and community-based support and how it's helping transform the lives of North Dakotans.



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Health & Human Services

Toll-free information hub
and intake hotline:
(855) 462-5465, 711 (TTY)

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