

#Purpose2024

2024 BEHAVIORAL HEALTH & CHILDREN AND FAMILY SERVICES CONFERENCE

September 16 -19, 2024

NORTH
Dakota | Health & Human Services
Be Legendary.



CONFERENCE SCHEDULE

PRE-CONFERENCE: MONDAY, SEPTEMBER 16, 2024

1:00pm - 4:30pm	PRAIRIE ROSE 101-103
	PRE-CONFERENCE: Supervising the Helping Professional: Enhancing Cultural Competency, Retention, and Ethical Standards Carmichael Finn

DAY 1: TUESDAY, SEPTEMBER 17, 2024

8:00am - 11:30am	PRAIRIE ROSE 101-103	PRAIRIE ROSE 104-105	
	PRE-CONFERENCE: Advanced Ethics in Behavioral Health: Navigating Complex Dilemmas with Confidence Carmichael Finn	PRE-CONFERENCE: Mental Health: Breaking the Stigma and Finding Solutions (8:00am-9:45am) Supporting Children's Mental Health (9:45-11:30am) Dr. Gretchen Marsh	
11:30am - 1:00pm	LUNCH (on your own)		
1:00pm - 2:20pm	HALL A		
	KEYNOTE 1: How to Human: Life Beyond What Distracts, Divides, and Disconnects Us Carlos Whittaker		
2:20pm - 2:30pm	Break (Exhibits and Networking)		
2:30pm - 3:30pm	HALL A	PRAIRIE ROSE 101-103	PRAIRIE ROSE 104-105
	BREAKOUT 1 Empowering Mental Wellness: Practical Strategies for Everyday Life Dr. Gretchen Marsh	BREAKOUT 2 Risk Ratings and the Level of Care Assessment in the ASAM Criteria Fourth Edition Klementyna Weyman	BREAKOUT 3 ICWA as the Gold Standard of Practice Rosario Oritiz & Vincent Roehr
3:30pm - 3:45pm	Break (Exhibits and Networking)		
3:45pm - 4:45pm	HALL A	PRAIRIE ROSE 101-103	PRAIRIE ROSE 104-105
	BREAKOUT 4 Motivated Behavior Change with Cultural Consideration Michael Sanford	BREAKOUT 5 Not Co-location, but Communication: Principles of Integrated Treatment for Co-occurring Disorders Klementyna Weyman	BREAKOUT 6 Breaking Barriers: Supporting Mental Health and Wellness for Newcomers Jessica Dalby
4:45pm - 6:00pm	NETWORKING RECEPTION (Hall B)		

CONFERENCE SCHEDULE

DAY 2: WEDNESDAY, SEPTEMBER 18, 2024

8:00am - 9:15am	HALL A		
	KEYNOTE 2: Hope is Not A Strategy: Building Collaborative Relationships To Strengthen Outcomes for Children and Families Judge Everett Mitchell		
9:15am - 9:30am	Break (Exhibits and Networking)		
9:30am - 10:30am	HALL A	PRAIRIE ROSE 101-103	PRAIRIE ROSE 104-105
	BREAKOUT 7 Co-Treatment of Tobacco Use Disorder with other Comorbid Drug Use Disorders Jim Pavlik	BREAKOUT 8 Understanding Grief & Loss: Theory, Strategies & Resources Dr. Nicola Herting	BREAKOUT 9 Harm Reduction 101 Miera Corey
10:30am - 10:45am	Break (Exhibits and Networking)		
10:45am - Noon	HALL A		
	KEYNOTE 3: Nicotine's Special Role in Polysubstance Use Jim Pavlik		
Noon - 1:30pm	LUNCH (on your own)		
1:30pm - 3:00pm	HALL A	PRAIRIE ROSE 101-103	PRAIRIE ROSE 104-105
	BREAKOUT 10 Reentry and Reunification: The Reintegration Process Following Parental Incarceration Dr. Hilary Cuthrell	BREAKOUT 11 * Suicide Prevention: Shifting the Conversation Dr. Jon Ulven & Elizabeth Medd	BREAKOUT 12 'I Already Told You... Don't You Remember?' Understanding Memory Loss, Dementia & Masterful Dementia Communication Erin Bonitto
3:00pm - 3:30pm	EXHIBITOR/NETWORKING BREAK (Hall B)		
3:30pm - 4:45pm	HALL A		
	KEYNOTE 4: How CCBHC Implementation Improves Behavioral Health Systems Dr. Jane King		

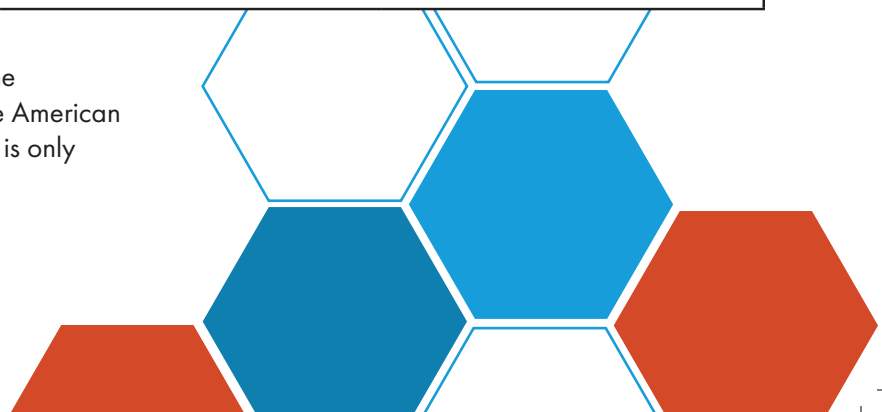
*If you step out of the room during this session, a staff person in the hall will check in with you. If you want someone to talk with or need a quiet place for processing, you can stop in Prairie Rose 106 (main floor near the restrooms) throughout or following this session.

CONFERENCE SCHEDULE

DAY 3: THURSDAY, SEPTEMBER 19, 2024

8:00am - 9:15am	HALL A		
	KEYNOTE 5: The Edge of Compassion: Staying well in High-stress and Trauma-Exposed Environments Francoise Mathieu		
9:15am - 9:30am	Break (Exhibits and Networking)		
9:30am - 10:30am	HALL A	PRAIRIE ROSE 101-103	PRAIRIE ROSE 104-105
	BREAKOUT 13 Key Tools to Stay Grounded: Building Your Essential Toolkit Francoise Mathieu	BREAKOUT 14 The Impact of Implicit Bias (part 1 of 2) Joel Friesz & Laetitia Mizero Hellerud	BREAKOUT 15 Historical Trauma and Resilience in Native American Youth and Families: An Interactive Experience* Dr. Samantha Beauchman & Dr. Emily Sargent
10:30am - 10:45am	Break (Exhibits and Networking)		
10:45am - 11:45am	HALL A	PRAIRIE ROSE 101-103	PRAIRIE ROSE 104-105
	BREAKOUT 16 Engaging Children & Families: Challenging & Powerful Dr. Nicola Herting	BREAKOUT 17 The Impact of Implicit Bias (part 2 of 2) Joel Friesz & Laetitia Mizero Hellerud	BREAKOUT 18 Adolescent Substance Use and Brain Development Dr. Robert G. Sise
11:45am - 1:00pm	LUNCH - Taco Bar (Hall B) Lunch is provided with our gratitude to very generous sponsors and donors! Return to Hall A with your lunch for presentations.		
1:00pm - 2:15pm	HALL A		
	KEYNOTE 6: Panel - Finding Your Purpose Olivia Bahl, Teliea Baker, Carrie Cappellino, Kristy Johnson, Cindy Leingang & Jennifer Perdue		
2:15pm - 3:30pm	HALL A		
	KEYNOTE 7: Outsmart the Odds Anne Mahlum		

*Disclaimer: This will be an interactive session to deepen the understanding of historical trauma and its impact on Native American children and families. This session will not be recorded and is only available during the scheduled time.



CONTINUING EDUCATION

The 2024 Behavioral Health & Children and Family Services Conference has been approved for continuing education units through:

- ND Board of Social Work Examiners
 - ND Board of Addiction Counselor Examiners
 - ND Licensed Marriage and Family Therapists
 - ND Board of Counseling Examiners
 - ND Peer Support Specialists*
 - ND Foster Parents
 - ND State Board of Psychologist Examiners
- *All sessions approved for Peer Support CEU's except for pre-conference supervision and ethics sessions.

Receiving Your Continuing Education

In-person

Duplicate CEU forms are available at the registration area.

By the end of each day, complete the form indicating the sessions you attended. Signatures are required as attestation of attendance for in-person attendees by some licensing boards. CEU forms must be signed by a conference team member at the end of each day.

At the end of the conference, please leave the first page (front) of this form in designated area and keep the second page (back) of this form as the "certificate of attendance" for your records.

Individuals seeking continuing education units are responsible for keeping this copy of the form for their records.

Virtual

Login to the virtual Conference Hub through an internet browser to view virtual sessions.

Near the end of the conference, you will receive an email with a link to select the sessions you attended. Once you submit that form, you will receive an email certificate for your records.

Individuals seeking continuing education units are responsible for keeping this email certificate for their records.

Note: If you are a Psychologist or Social Worker in North Dakota and want the CE Broker tracking number for a course, please see the help desk for more information.

Suicide & Crisis Lifeline

988

CALL, TEXT OR CHAT



GENERAL INFORMATION



QUESTIONS

If you have any questions throughout the conference, please look for a conference team member with a "STAFF" lanyard!



ONE-TIME REGISTRATION

Once you have received your name badge you are checked-in for the remaining days of the conference.



LUNCH/SNACKS

- Lunch is on your own Tuesday & Wednesday. A list of nearby restaurants is included in this conference booklet. Thursday's lunch is provided.
- Coffee & break stations can be found in Hall B and outside of Prairie Rose. Water towers are located inside Hall B and the Prairie Rose Rooms.



EXHIBITORS AND SPONSORS

Thank you to our conference exhibitors and sponsors. Please be sure to visit the exhibit booths in Hall B during your time at the conference.



HANDOUTS

Session materials for the sessions can be downloaded on the virtual Conference Hub.



DOWNLOAD THE CONFERENCE APP

Download the Conference App here and view the session descriptions, speaker bios, and more!



HASHTAG

Use the conference hashtag, #Purpose2024 to help spread the word about the event, things you are learning and people you are networking with!



ANDROID



APPLE



GET ENGAGED


Did you know you can get points by engaging in different parts of the conference?

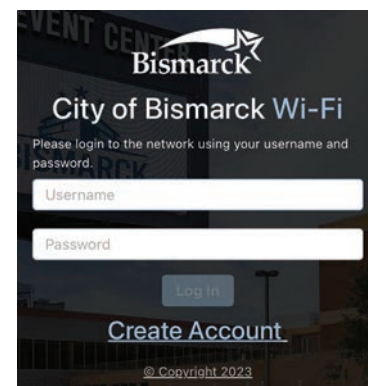
Check out the leaderboard on the conference app or Conference Hub.

Get ready to have fun, make connections, get valuable resources, and score points while you are at it!



WIFI

1. Click on BIS_Guest. 
2. Click "Create Account."
 - Enter your name and email address.
 - Click the box to accept the terms of use.
 - Click "Register."
 - Your email address will be your username.
 - You will be presented with a 6-digit code for your password.
3. This information can be used for the next 24 hours if you leave the building.



WHERE TO EAT FOR LUNCH?

COFFEE SHOPS

Caribou (drive thru) - 0.4 Miles
601 S 3rd Street

Starbucks (drive thru) - 0.3 Miles
600 S 3rd Street

Bitty Bean (drive thru) - 0.7 Miles
1019 E Main Ave

Coffee Break (drive thru) -
0.4 Miles | 301 Main Street

Steep Me a Cup of Tea - 0.2 Miles
311 S 3rd Street

FAST-FOOD

Arby's (drive thru) - 1.8 Miles
3000 Rock Island Place

Chick-fil-A (drive thru) - 0.7 Miles
703 S 3rd Street

Blaze Pizza - 0.5 Miles
805 S 3rd Street

Five Guys - 0.5 Miles
809 S 3rd Street

Pancheros Mexican Grill -
0.5 Miles | 711 S 3rd Street

QDOBA Mexican Eats - 0.3 Miles
312 S 3rd Street

Burger King (drive thru) -
0.3 Miles | 315 S 3rd Street

McDonald's (drive thru) -
0.4 Miles | 605 E Main Ave

Jimmy John's - 0.2 Miles
301 S 3rd Street

Noodles & Company - 0.2 Miles
303 S 3rd Street

Panera Bread - 0.7 miles
1016 S 7th Street

SIT DOWN

The Firepit - 0.6 Miles
307 N 3rd Street

The Blarney Stone - 0.3 Miles
408 E Main Ave

Brick Oven Bakery - 0.4 Miles
112 N 4th Street

Buffalo Wild Wings - 0.3 Miles
218 S 3rd Street

Ground Round - 0.4 Miles
526 S 3rd Street

Applebee's - 0.3 Miles
434 S 3rd Street

HuHot Mongolian Grill -
0.3 Miles | 409 S 3rd Street

La Carreta Mexican - 0.9 Miles
505 E Bismarck Expy

Lucky 13 - 0.7 Miles
915 S 3rd Street

Broadway Grill - 0.7 Miles
100 W Broadway

Denny's - 0.3 Miles
405 S 7th Street

Jimmy V's - 0.3 Miles
512 E Main Ave

JL Beers - 0.5 Miles
217 N 3rd Street

Nara Ramen - 0.6 Miles
309 N 3rd Street

Famous Dave's BBQ - 1.1 Miles
401 E Bismarck Expy

**A&B Pizza (delivery
& dine-in)** - 0.3 Miles
311 S 7th St, Bismarck, ND 58504

Kirkwood Mall - 0.6 Miles
706 Kirkwood Mall

- Ginna's Cafe
- Starbucks (Target)
- Mighty Missouri Coffee
- Suzzy's Island Twist (Jamaican)
- Mama Bear Cafe
- Auntie Anne's
- Ja Bomb (Japanese)

FOOD DELIVERY SERVICES

Event Center Address: 315 S 5th St, Bismarck, ND 58504
Send drivers to the main entrance.

*Most require an account to order and pay online. Check online for delivery options directly from various restaurants

Uber Eats - [ubereats.com](https://www.ubereats.com)

Grubhub - [grubhub.com](https://www.grubhub.com)

Food Dudes - [fooddudesdelivery.com](https://www.fooddudesdelivery.com)

DoorDash - [doordash.com](https://www.doordash.com)

Bite Squad - [bitesquad.com](https://www.bitesquad.com)

Bismarck-Mandan SAVINGS PASS

Get Your Free Bismarck-Mandan Savings Pass

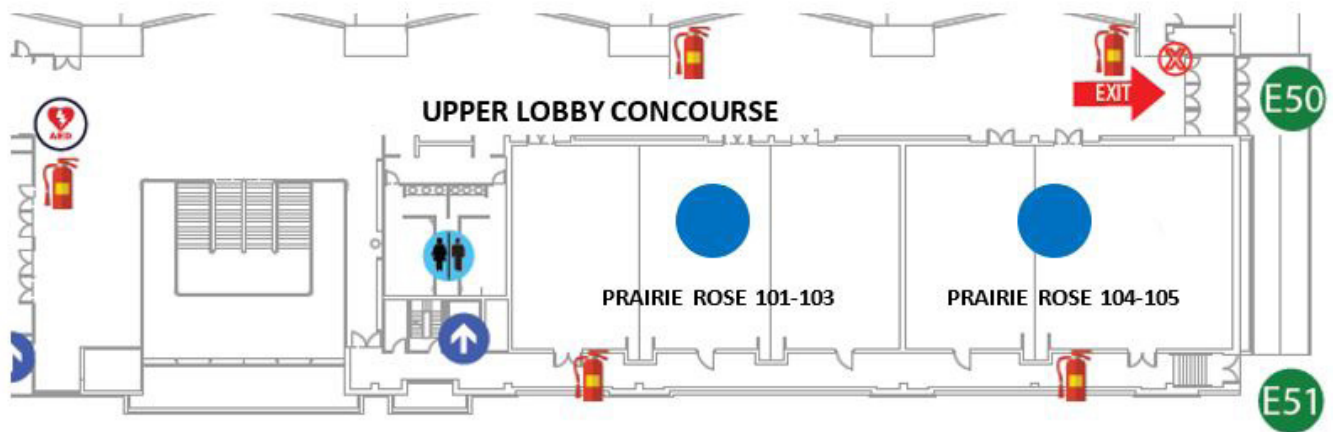
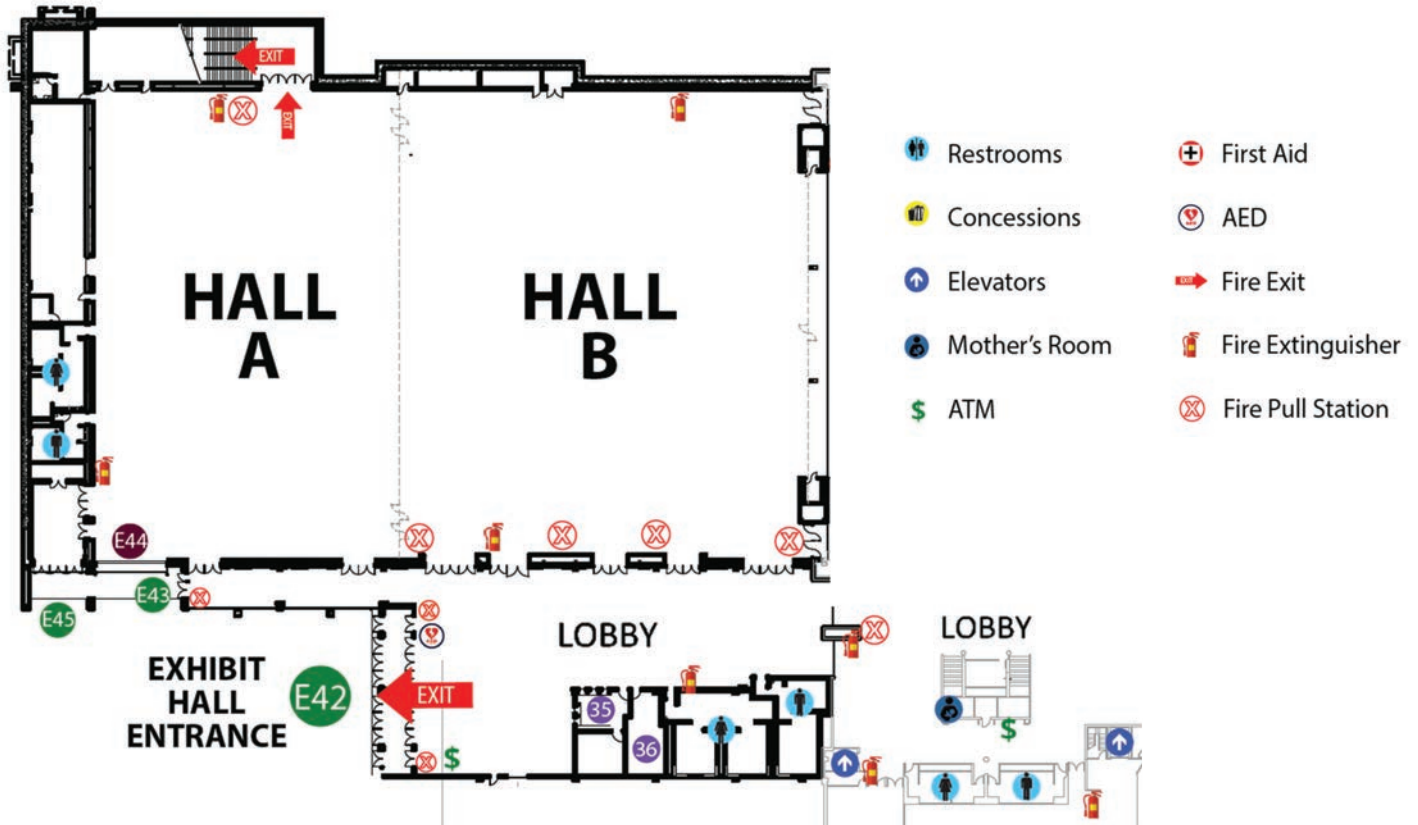
SCAN ME
nboundariesnd.com/savings-pass

HOW IT WORKS

- Receive a text or e-mail with a link to your passport
- Stop in at locations included in the passport
- Show your phone at checkout to redeem savings

Additional food options can be found by scanning the QR code above

VENUE MAP



RECOVERY ROCKS

Join HHS in recognition of September as National Recovery Month and the theme "Healing through Art".

Please visit the Recovery Rocks booth in Hall B to decorate a rock, symbolizing recovery as a path created and managed through daily stepping stones, each one representing progress and hope.

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PEANUT BUTTER DRIVE

As we gather together at the Conference, it is a great opportunity to give back to our community. We are hosting a Peanut Butter Drive for the Great Plains Food Bank.

The food bank provides to those in need across North Dakota (only unexpired peanut and sun butters will be accepted).

If you prefer to make a monetary donation, a Venmo option will be available during the conference.





See the art. Snap the art. Share the art. Win the prizes!

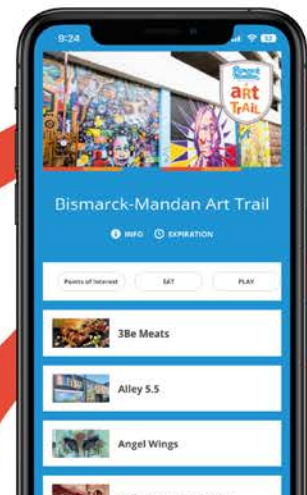
We invite you to download our free pass and start exploring over 80 locations on the Bismarck-Mandan Art Trail today. Check-in and share your pictures to track your progress and win prizes.

Use **#BisManArtTrail** for more chances to win!
Locations are public points of interest, attractions and merchant locations, some offering special deals for you!

Scan the QR code or visit **www.noboundariesnd.com/art-trail** for more information!

HOW IT WORKS

-  Receive a text or e-mail with a link to your passport
-  Check-in at included locations to qualify for prizes
-  Allow the pass to validate your location when prompted for easy check-in



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THANK YOU SPONSORS

PLATINUM



GOLD



SILVER



BRONZE



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