

## 2023 – 2026 SUPTRS Prevention Block Grant – Logic Model

INPUTS/RESOURCES							
SPF STEP 2							
What resources are available? What barriers can you identify?							
PROBLEM STATEMENTS			STRATEGIC PLAN	ACTIVITIES	GOAL STATEMENTS		
Problem	Intervening Variables	Local Conditions	PLAN	ACTIVITIES	Short-Term Outcomes	Intermediate Outcomes	Long-Term* Outcomes
<p><b>What is the problem or issue in your community?</b>  <b>Community Norms for students grades 9-12.</b>                      Data from our 2022 SAPC Grand Forks Youth Survey shows that 18% of 11<sup>th</sup> grade, and 7% 9<sup>th</sup> grade, said yes to having one or more drinks in the past 30 days. Similarly, data showed that 23% of 11<sup>th</sup> grade and 17% of 9<sup>th</sup> grade students found it only a little or not wrong to have one or two drinks of an alcoholic beverage nearly every day.</p>	<p><b>Why is it a problem in your community?</b>                      In 2022 a Community Health Assessment (CHA) was completed in Grand Forks and found key risk factors for youth substance use in our community. In fact, there emerged a growing concern in our community that that substance uses and mental illness in adults contributes to youth health; substance use in adults has negative impacts on children and their development.</p>	<p><b>What does the problem specifically look like in your community/what is the behavior?</b>                      In our community, youth access to alcohol through social means is high especially during and post COVID. With our very long cold winters, cooping people up indoors, there is a mentality of “what else is there to do but drink”. This attitude was especially prevalent during COVID, and when it was approved in our community for liquor stores to deliver without any real follow-up on checking</p>	<p><b>What is the one environmental change you can implement to impact your identified problem?</b></p> <p>Enhance parental and community protective factors.</p>	<p><b>What are all the steps that must happen to implement the environmental change?</b>  <b>Provide Information utilizing:</b></p> <p>Radio messages</p> <p>Work with the Substance Abuse Prevention Coalition (SAPC) to share information with key stakeholders</p> <p>Partner with SAPC for Social media posts</p> <p>Partner with Grand Forks Public Schools to provide information to parents through the schools’ electronic newsletters, concerning harms</p>	<p><b>Measures the local condition – what are you doing to address the problem?</b></p> <p>Increase the perception of risk regarding youth alcohol use.                      Decrease the number of 9<sup>th</sup> grade students finding it only a little or no wrong to have one or two drinks of an alcoholic beverage nearly every day.</p>	<p><b>Measures the intervening variable – what you are doing to reduce access?</b></p> <p>Increase perception of risk regarding youth alcohol use.</p> <p>Increase protective factors for underage drinking.</p> <p>Reduce social access of alcohol to youth.</p>	<p><b>Measures the impact to the problem – are you seeing long-term behavior change?</b>                      Youth Risk Behavior Survey results</p> <p>SAPC - Grand Forks Youth Survey results</p> <p>Altru Health System Data</p> <p>Grand Forks Public Schools</p> <p>Reduce by 2%, from 23.4% to 21.4% Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey North Dakota Youth Risk Behavior Survey, by 2025.</p> <p>Reduce by 2% from 18% to 16% of 11<sup>th</sup></p>

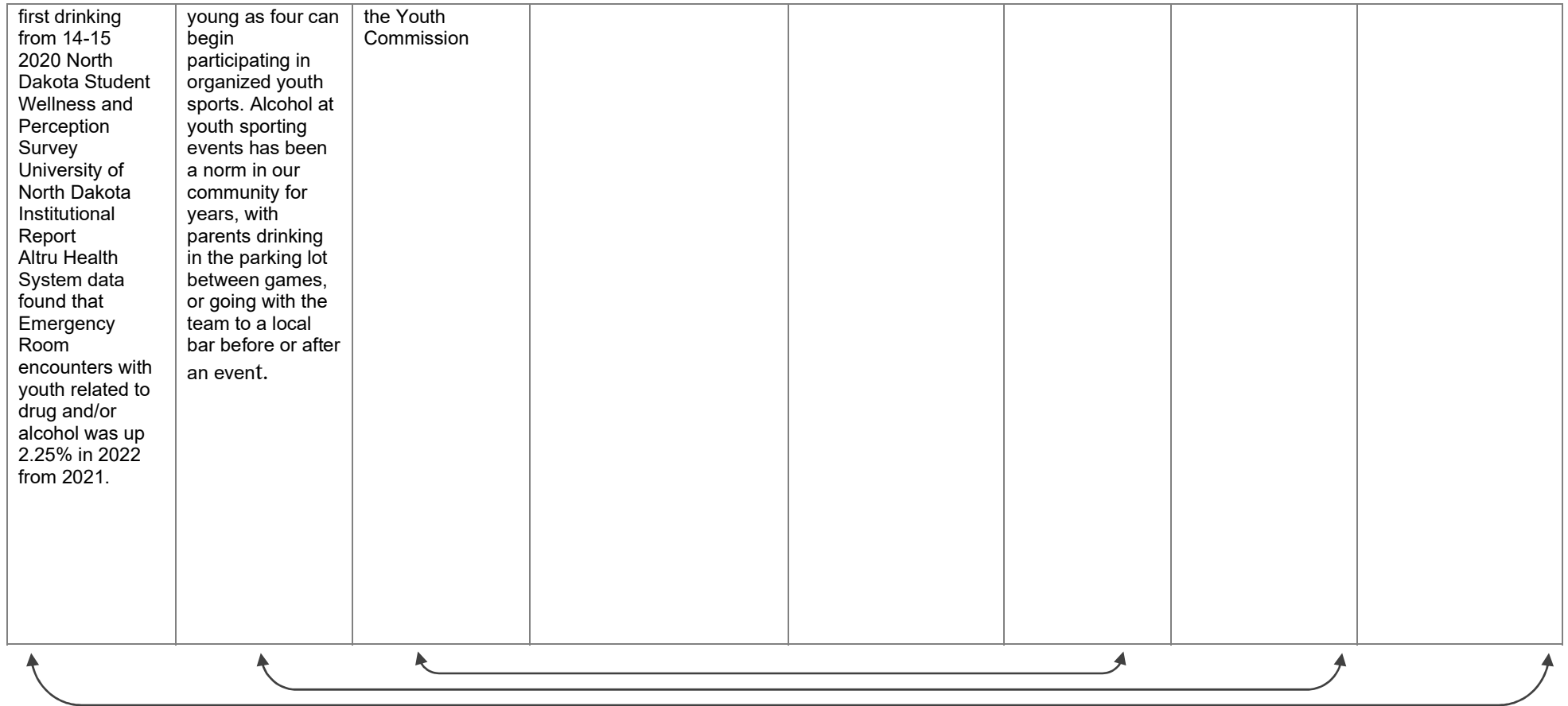
*\*The long-term outcomes are affected not by any single strategy, but by ALL strategies and activities*

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<p>2021 YRBS data (grades 9-12) found that 47.8% of students had alcohol on at least one day in their life, and 23.4% had alcohol in the last 30 days. 22.4% of students reported living with someone that had a problem with alcohol or drugs. The percentage of students found in this survey that are using alcohol speak to how pervasive an issue alcohol use is in our community, and the need for continual work to prioritize prevention work in this domain.</p> <p>Of all respondents- 2.30% reported first drinking alcohol before 10, 0.70% reported first drinking alcohol from 10-11, 3.50% first began drinking from 12-13, 12.20% reported</p>	<p>Participants in CHA focus groups expressed the need for further support and education for parents, not just the youth. Through several focus group discussions, it was determined as we are emerging from the stressors of the pandemic crisis-mode it is time to focus further on prevention efforts and early intervention, and the need to intervene earlier at developmental stages, as prevention starts with youth. A second 2022 CHA trend that was a concern pre-COVID, and is now resurfacing as the community returns to fully operational, and was even a finding in the 2019 CHA, is the use of alcohol around youth sports. Athletics play an important role in our community. Children as</p>	<p>ID's increased the access for youth. Alcohol consumption was noticeably prevalent in our community pre-COVID with alcoholic beverages available at community events, sporting events, family celebrations, picnics, and parties. Now post-COVID with events returning to in person this prevalence is again on the rise. This alcohol-rich environment creates multiple opportunities for our youth to be exposed early in life to alcohol and creates an atmosphere of acceptance and tolerance. The drinking culture in our community has led people to believe that alcohol is necessary to have fun, drinking is just part of growing up, and drinking doesn't hurt anyone. Through interviews with</p>		<p>attributable to youth use of alcohol.</p> <p>Posters hung up throughout community</p> <p>Handing out brochures</p> <p>Presentation to groups</p> <p>Host a Community Forum</p> <p>Attend and share information at a coalition meeting</p> <p><b>Enhance Capacity and Skills by:</b></p> <p>Hosting a community training</p> <p>Collecting existing data</p> <p>Collecting new data</p> <p>Providing Support for preventative activities such as those hosted by Drug Free Communities, Blue Zones, and Grand Forks Public Schools.</p>			<p>graders who reported having one drink or more in the last 30 days. SAPC - Grand Forks Youth Survey results</p> <p>Reduce by 2% from 7% to 5% of 9<sup>th</sup> graders who reported having one drink or more in the last 30 days. SAPC - Grand Forks Youth Survey results</p>
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