Wells County District Health Unit 1008 Adams Ave – PO BOX 183 Harvey, ND 58341 701-324-5259 103 6 Ave N – PO BOX 6 Fessenden, ND 58438 701-547-3756

Wells County District Health Unit SUPTRS Strategic Plan 2023-2026 Jordan Beckley – Prevention Coordinator for Wells County District Health Unit

Problem statement: High rate of alcohol use among Wells County high school students within the past 30 days.

<u>Supporting Data:</u> 41.2% of Harvey High School students report having consumed alcohol within the past 30 days (YRBS, 2021).

<u>Supporting Data</u>: 24.3% of Fessenden High School students report having consumed alcohol within the past 30 days (YRBS, 2021).

Environmental Change: Social Host Ordinance

Evidenced Based Strategies: Prevention curriculum

Goal 1: Reduce the rate of alcohol consumption among Wells County youth and young adults.

Objective 1: Change community norms towards underage alcohol use.

<u>Strategy 1</u>: Utilize social media to discuss current rates and how to mitigate youth risk of engaging in underage drinking by promoting protective factors.

Measurement: Report number of posts and engagement received.

<u>Strategy 2:</u> Provide talking points to coalition members regarding harm associated with underage alcohol use.

Measurement: Report number of coalition meetings held and number of attendees.

<u>Strategy 3</u>: Increase community awareness regarding the percentage of Wells County youth that underage drink by utilizing social media and coalition meetings.

Measurement: Number of posts on social media along with engagements.

Number of conversations or meetings with key stakeholders while providing education surrounding the identified problem.

Objective 2: Increase perceived risk of harm associated with underage alcohol use.

Strategy 1: Implement substance use prevention curriculums in middle schools.

Measurement: Record and report how many youth participated and were educated by prevention curriculum.

<u>Strategy 2</u>: Mail resources, such as Parents Lead handouts, to parents of middle schoolers that will be participating in substance use prevention curriculums to facilitate communications between parents and children.

Measurement: Record and report how many resources were distributed to parents/guardians.



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Objective 3: Increased the perception that alcohol laws will be enforced.

Strategy 1: Promote the use of NDTip.

Measurement: Report how many social media posts and engagements in addition to newspaper advertisements or billboards.

Objective 4: Raise Social Host law awareness.

<u>Strategy 1</u>: collaborate with local law enforcement, policy makers, and coalition. *Measurement*: Report stakeholder meetings and attendance numbers

Strategy 2: Collaborate with local law enforcement and policy makers to enact ordinance.