

Clinical Opiate Withdrawal Scale (COWS)- myAvatarNX

1/7/2025

Purpose: This form is used to assist providers in measuring the severity of a person’s opioid withdrawal symptoms.

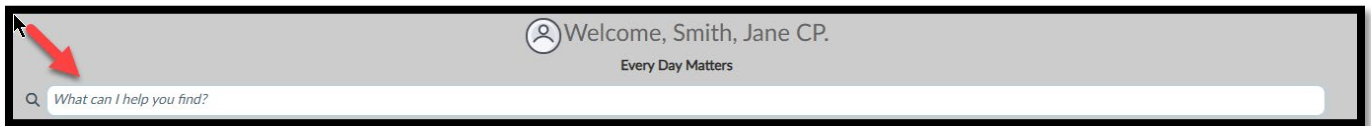
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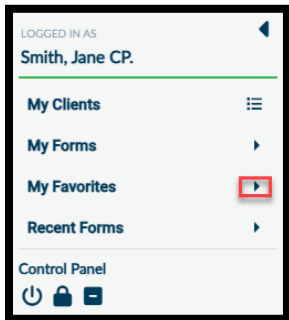
Accessing Clinical Opiate Withdrawal Scale (COWS)

There are multiple ways to access the **Clinical Opiate Withdrawal Scale (COWS)** form.

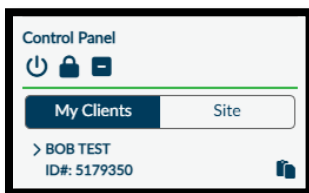
To access the form through the **What can I help you find?** Search, type COWS in the box.



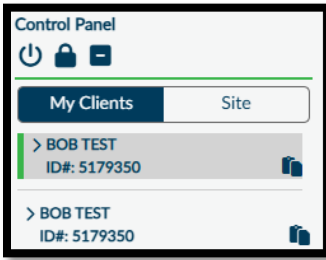
If you have it saved as a **My Favorites**, you can access the form through there.



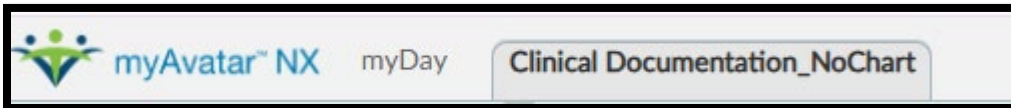
To access the form through the client dashboard, select the appropriate client through **My Clients**. If the client’s name does not appear in the **My Clients** section, type the name (last name, first name) in the **What can I help you find?** box as shown in the image above.



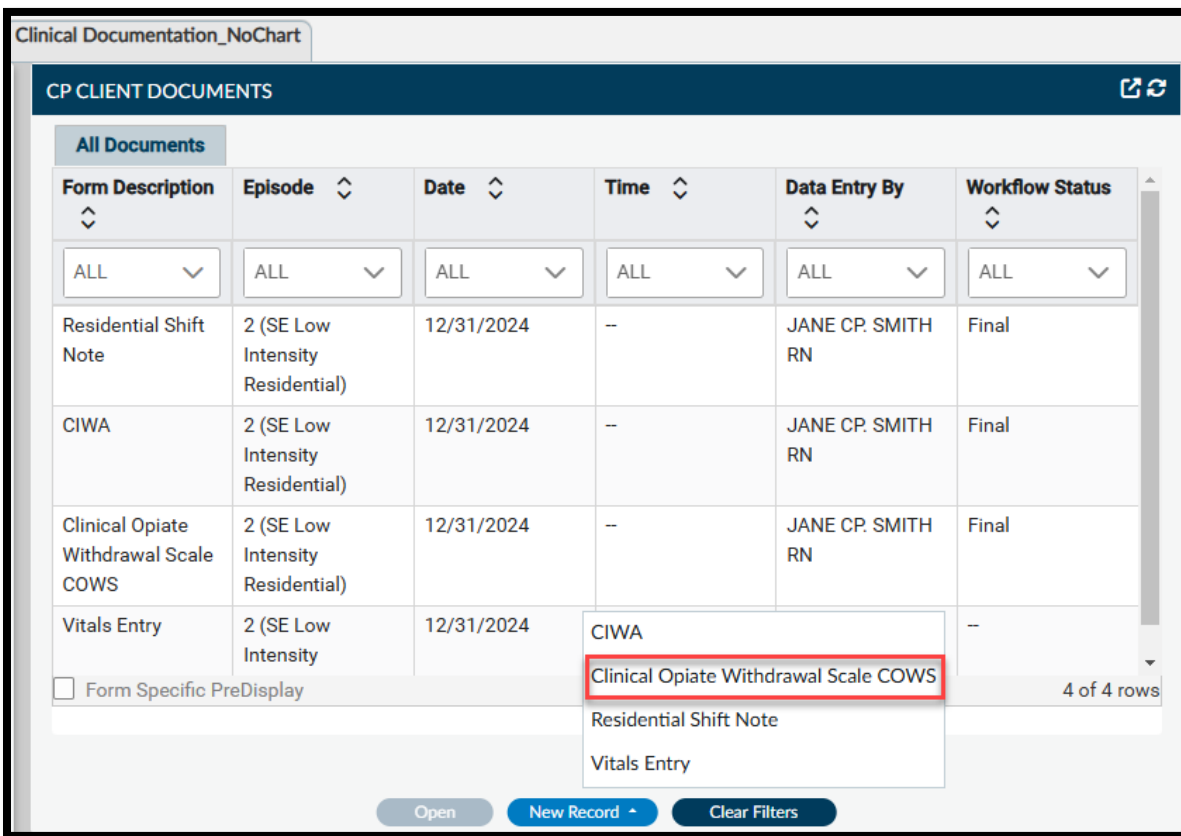
Single click on the client's name to highlight them.



Single click **Clinical Documentation_NoChart**.



The **Clinical Documentation_NoChart** will open. Click **New Record** and then **Clinical Opiate Withdrawal Scale (COWS)**.



Completing Clinical Opiate Withdrawal Scale (COWS)

Select the **Episode** to document in and click **Ok**.

Home > Select Client > Select Episode >

Selected Client: BOB TEST (005179350)

Select Episode

Name: BOB TEST
ID: 5179350
Sex: Male
Date of Birth: 01/29/1950

Episode	Program	Start	End
2	SE Low Intensity Residential	12/30/2024	

To enter a new assessment, select **Add**

To edit a current assessment, select **Edit**

To delete a current assessment, select **Delete**. Delete should only be used when an assessment has been entered in error.

Add Edit Delete Cancel

The form has 1 tab as shown below. It important to complete all fields/sections. If any section is left blank, the overall score will not calculate accurately.

CLINICAL OPIATE WITHDRAWAL SCALE COWS

COWS

The screenshot shows a digital assessment form for COWS (Confusion-Oriented Withdrawal Scale). It includes sections for:

- Assessment Date (calendar icon)
- Time of Observation (Current Time, H, M, AM/PM)
- Resting Pulse Rate - Record Beats per Minute (radio buttons for pulse rate ranges: 80 or below, 81-100, 101-120, greater than 120)
- Sweating-Over Past Half Hour not Accounted for by Room Temperature or Patient Activity (radio buttons for various sweating symptoms)
- Restlessness Observation During Assessment (radio buttons for sitting still, difficulty sitting, shifting movements, unable to sit still, pupil size, and bone/joint aches)
- Runny Nose or Tearing not Accounted for by Cold Symptoms or Allergies (radio buttons for various nasal symptoms)
- Anxiety or Irritability (radio buttons for various anxiety symptoms)
- GI Upset - Over Last Half Hour (radio buttons for various GI symptoms)
- Gooseflesh Skin (radio buttons for skin texture)
- Tremor Observation of Outstretched Hands (radio buttons for various tremor levels)
- Yawning Observation During Assessment (radio buttons for various yawning frequencies)
- Total Score (input field)
- Score (radio buttons for score ranges: 5-12 Mild, 13-24 Moderate, 25-36 Moderately Severe, 36+ Severe Withdrawal)
- Draft/Final (radio buttons)

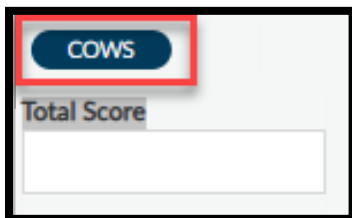
Complete the fields as instructed below:

Enter the **Assessment Date**.

Enter the **Time of Observation**.

Select the appropriate radio button in each section.

After all sections are complete, click **COWS**.



A report will generate and appear in a separate window. The report will include the overall score.

Main Report

Resting Pulse Rate:	0
Sweating:	4
Restlessness:	3
Pupil Size:	5
Bone or Joint Aches:	0
Runny Nose/Tearing:	4
GI Upset:	2
Tremor Observation:	1
Yawning Observation:	1
Anxiety or Instability:	2
Gooseflesh Skin:	3

COWS SCORE: 1/7/2025 - 01:01 PM : 25

Enter the score in the **Total Score** box and select the appropriate radio button from the **Score** section.

Total Score

25

Score

5-12 Mild

13-24 Moderate

25-36 Moderately Severe

36 + Severe Withdrawal

Click **Final** and **Submit**.