

North Dakota

UNIFORM APPLICATION

FY 2025 Mental Health Block Grant Report

COMMUNITY MENTAL HEALTH SERVICES BLOCK GRANT

OMB - Approved 06/15/2023 - Expires 06/30/2025
(generated on 11/25/2024 1.49.00 PM)

Center for Mental Health Services
Division of State and Community Systems Development

A. State Information

State Information

State Unique Entity Identification

Unique Entity ID GSKXYGKGX6A4

I. State Agency to be the Grantee for the Block Grant

Agency Name North Dakota Department of Health & Human Services

Organizational Unit Behavioral Health Division

Mailing Address 600 E Boulevard Ave

City Bismarck

Zip Code 58505

II. Contact Person for the Grantee of the Block Grant

First Name Pamela

Last Name Sagness

Agency Name ND Dept. of Health & Human Services - Behavioral Health Division

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City Bismarck

Zip Code 58505

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III. State Expenditure Period (Most recent State expenditure period that is closed out)

From 7/1/2023

To 6/30/2024

IV. Date Submitted

NOTE: This field will be automatically populated when the application is submitted.

Submission Date 11/25/2024 1:48:22 PM

Revision Date 11/25/2024 1:48:30 PM

V. Contact Person Responsible for Report Submission

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Footnotes:

B. Implementation Report

MHBG Table 1 Priority Area and Annual Performance Indicators - Progress Report

Priority #: 1
Priority Area: Prevention and Early Intervention
Priority Type:
Population(s): PP

Goal of the priority area:

Decrease the harms associated with substance use and misuse and suicide in North Dakota.

Objective:

Decrease adult binge drinking, underage drinking, and suicide.

Strategies to attain the goal:

Fund North Dakota communities to follow the Strategic Prevention Framework model and implement evidence-based strategies; Provide support for North Dakota communities to follow the Strategic Prevention Framework model and implement evidence-based strategies.

Edit Strategies to attain the objective here:

(if needed)

Annual Performance Indicators to measure goal success

Indicator #: 1
Indicator: Decreased past month binge drinking rates among adults
Baseline Measurement: Ages 18-25: 41.08%. Ages 26+: 25.99% (2021 NSDUH)
First-year target/outcome measurement: Increase statewide media efforts with the Speak Volumes media campaign.
Second-year target/outcome measurement: 2% decrease for ages 18-25 and 1% decrease for ages 26+
New Second-year target/outcome measurement(if needed):

Data Source:

Behavioral Health Division media evaluation for the number of impressions. The National Survey on Drug Use and Health (NSDUH) will be utilized to monitor adult consumption rates.

New Data Source(if needed):

Description of Data:

Quantitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

None

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

The state increased statewide media efforts with the Speak Volumes media campaign.

Indicator #: 2

Indicator: Decreased past month alcohol use among ND high school students

Baseline Measurement: 23.7 % of ND high school students reported alcohol use in the past 30 days (2021 YRBS)

First-year target/outcome measurement: Implement Kognito education module relating to substance use prevention within grades 6-12.

Second-year target/outcome measurement: A 2% decrease in past 30 day alcohol use among ND high school students.

New Second-year target/outcome measurement(if needed):

Data Source:

Behavioral Health Division contract management and technical assistance tracking. North Dakota Youth Risk Behavior Survey (YRBS)

New Data Source(if needed):

Description of Data:

Quantitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

None

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

The state implemented Kognito education module relating to substance use prevention within grades 6-12.

Indicator #: 3

Indicator: Increasing availability of early intervention services for individuals with a marijuana related offense

Baseline Measurement: Increase the number of instructors for marijuana education

First-year target/outcome measurement: Develop a certification of evidence based marijuana education providers

Second-year target/outcome measurement: Have at least 1 certified provider in each of the 8 regions

New Second-year target/outcome measurement(if needed):

Data Source:

ND Administrative Code, BHD

New Data Source(if needed):

Description of Data:

Quantitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

None

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target:

Achieved

Not Achieved (if not achieved,explain why)

Reason why target was not achieved, and changes proposed to meet target:

Due to ASAM 4th edition updates, the State is in the process of updating administrative rules in a more comprehensive manner which has delayed the update for the marijuana early intervention certification.

How first year target was achieved (optional):

Indicator #:

4

Indicator:

Suicide Fatality Review Commission

Baseline Measurement:

No statewide suicide fatality review commission

First-year target/outcome measurement:

Establish the membership and processes and procedures for the statewide suicide fatality review commission

Second-year target/outcome measurement:

Implement the processes and procedures and develop recommendations

New Second-year target/outcome measurement(if needed):

Data Source:

Behavioral Health Division, Suicide Fatality Review Commission

New Data Source(if needed):

Description of Data:

Quantitative and Qualitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

None

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target:

Achieved

Not Achieved (if not achieved,explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

The state established the membership and processes and procedures for the statewide suicide fatality review commission

Priority #: 2
Priority Area: Community-Based Services
Priority Type: MHS
Population(s): SMI, SED, ESMI, BHCS, PWWDC, PWID, TB

Goal of the priority area:

Comprehensive and accessible community services available statewide to individuals with a behavioral health diagnosis.

Objective:

Support the development of community-based services across the state.

Strategies to attain the goal:

Increase services through education systems, CCBHC, crisis and system of care for children development.

**Edit Strategies to attain the objective here:
(if needed)**

Annual Performance Indicators to measure goal success

Indicator #: 1
Indicator: Expand behavioral health services and supports in K-12 schools
Baseline Measurement: Limited behavioral health services and supports integrated with K-12 schools.
First-year target/outcome measurement: Increase number of schools utilizing funding programs with the Behavioral Health Division.
Second-year target/outcome measurement: Increase number of students served.
New Second-year target/outcome measurement(if needed):

Data Source:

Behavioral Health Division, Contract Management and reports

New Data Source(if needed):

Description of Data:

Quantitative and Qualitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

None

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

The state increased the number of schools utilizing funding programs with the Behavioral Health Division.

Indicator #: 2

Indicator: Enhance Statewide Crisis Services

Baseline Measurement: Mobile crisis services are limited to 45 mile radius of regional community clinics. Limited target efforts for specific populations.

First-year target/outcome measurement: Build capacity of behavioral health providers to respond to crises by providing training.

Second-year target/outcome measurement: Partner with rural law enforcement to enhance their ability to effectively respond to adult and youth behavioral health crises.

New Second-year target/outcome measurement(if needed):

Data Source:

Behavioral Health Division, training documentation, contract management

New Data Source(if needed):

Description of Data:

Quantitative and Qualitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

none

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

The state built capacity of behavioral health providers to respond to crises by providing training.

Indicator #: 3

Indicator: Expand awareness of and access to Early Episode Psychosis Programming

Baseline Measurement: Increase awareness of First Episode Psychosis programs in the state and gather data of need in underserved areas.

First-year target/outcome measurement: Contract to provide outreach and education of First Episode Psychosis programs in the state

Second-year target/outcome measurement: Complete full fidelity reiew to ensure best practice of Coordinated Specialty Care model.

New Second-year target/outcome measurement(if needed):

Data Source:

Program monthly reports, fidelity review and additional data as requested.

New Data Source(if needed):

Description of Data:

Self-report by organizations: qualitative and quantitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

none

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved,explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

The state contracted to provide outreach and education of First Episode Psychosis programs in the state.

Indicator #: 4

Indicator: Build capacity to certify Certified Community Behavioral Health Clinics (CCBHC)

Baseline Measurement: No CCBHC clinics in North Dakota

First-year target/outcome measurement: Develop a CCBHC certification process and guidelines

Second-year target/outcome measurement: Certify one CCBHC

New Second-year target/outcome measurement(if needed):

Data Source:

Behavioral Health Division

New Data Source(if needed):

Description of Data:

Quantitative and Qualitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

None

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved,explain why)

Reason why target was not achieved, and changes proposed to meet target:

The State is drafting certification guidelines and requesting authority through the 2025 ND Legislative Session.

How first year target was achieved (optional):

Indicator #: 5
Indicator: Enhance system of care for children with a serious emotional disturbance
Baseline Measurement: Limited infrastructure and service providers for children's behavioral health services.
First-year target/outcome measurement: Enter into contract with behavioral health provider to provide day treatment
Second-year target/outcome measurement: Enhance parent and youth peer support services

New Second-year target/outcome measurement(if needed):

Data Source:

NOMS and Human Service Center data

New Data Source(if needed):

Description of Data:

Qualitative and Quantitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

None

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

The state entered into contract with behavioral health provider to provide day treatment

Priority #: 3
Priority Area: Person-Centered Practice
Priority Type: MHS
Population(s): SMI, SED, ESMI, BHCS, PWWDC, PWID, TB

Goal of the priority area:

Ensure behavioral health services provided across the state are person-centered and culturally appropriate.

Objective:

Increase implementation of person-centered strategies and efforts.

Strategies to attain the goal:

Implement culturally-relevant services and supports for specific populations.

**Edit Strategies to attain the objective here:
(if needed)**

Annual Performance Indicators to measure goal success

Indicator #: 1
Indicator: Expand awareness of American Indian culture among behavioral health providers
Baseline Measurement: Limited understanding of unique behavioral health needs of the American Indian population.
First-year target/outcome measurement: Facilitate listening sessions across North Dakota with tribal entities to identify strengths, needs, and opportunities.
Second-year target/outcome measurement: Develop and implement a training for behavioral health service providers to increase knowledge of American Indian culture

New Second-year target/outcome measurement(if needed):

Data Source:

Behavioral Health Division, contract management and meeting and training records

New Data Source(if needed):

Description of Data:

Quantitative and Qualitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

None

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

The state facilitated listening sessions across North Dakota with tribal entities to identify strengths, needs, and opportunities.

Indicator #: 2

Indicator: Expand awareness of behavioral health in aging services providers

Baseline Measurement: Adult and aging community providers have limited behavioral health needs of individuals who are aging and/or struggling with dementia including Alzheimer's Disease.

First-year target/outcome measurement: Identify and develop training specific for behavioral health needs of the aging population.

Second-year target/outcome measurement: Develop and implement a training plan for providers

New Second-year target/outcome measurement(if needed):

Data Source:

Behavioral Health Division, contract management

New Data Source(if needed):

Description of Data:

Quantitative and Qualitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved,explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

Indicator #: 3

Indicator: Expand access to behavioral health services for high risk professionals (i.e. Veterans, Law Enforcement, First Responders)

Baseline Measurement: Increase the number of behavioral health providers with population specific expertise in serving high risk populations.

First-year target/outcome measurement: Train providers in Critical Incident Stress Management Training (CISM) and Accelerated Resollution Therapy (ART) best practices.

Second-year target/outcome measurement: Increase number of providers serving high risk populations within local communities.

New Second-year target/outcome measurement(if needed):

Data Source:

New Data Source(if needed):

Description of Data:

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved,explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

Indicator #: 4

Indicator: Expand culturally-relevant mental health services to North Dakota tribal areas and New American, foreign born immigrant (NFI) and refugee populations.

Baseline Measurement: Limited cultural knowledge in serving NFI / refugee community among behavioral health providers

First-year target/outcome measurement: Identify and develop training specific for behavioral health needs of the NFI / refugee populations.

Second-year target/outcome measurement: Develop and implement a training plan for providers

New Second-year target/outcome measurement(if needed):

Data Source:

Behavioral Health Division, contract management

New Data Source(if needed):

Description of Data:

Quantitative and Qualitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

None

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

Identify and develop training specific for behavioral health needs of the NFI / refugee populations.

Priority #: 4

Priority Area: Increase Access to Targeted Services

Priority Type:

Population(s): BHCS, PWWDC, PWID, TB

Goal of the priority area:

Ensure quality services are available for individuals with a substance use disorder.

Objective:

Increase targeted services across North Dakota for individuals with a behavioral health diagnosis.

Strategies to attain the goal:

Implement efforts to increase evidence-based practices for women and women with dependent children, expand withdrawal management and awareness of residential treatment services.

Edit Strategies to attain the objective here:

(if needed)

Annual Performance Indicators to measure goal success

Indicator #: 1

Indicator: Increased implementation of evidence-based practices among behavioral health and healthcare providers serving pregnant women and women with dependent children.

Baseline Measurement: No current residential treatment program specific for pregnant women and women with dependent children.

First-year target/outcome measurement: Conduct market research to potential vendors to identify barriers regarding providing residential addiction treatment programming for pregnant women and women with dependent children. Re-issue a request for proposals and implement a residential program for pregnant women and women with dependent children.

Second-year target/outcome measurement: Serve at least 25 pregnant women and women with dependent children in a residential program.

New Second-year target/outcome measurement(if needed):

Data Source:

Behavioral Health Division, Contract Management

New Data Source(if needed):

Description of Data:

Quantitative and Qualitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

None

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

Conduct market research to potential vendors to identify barriers regarding providing residential addiction treatment programming for pregnant women and women with dependent children. Re-issue a request for proposals and implement a residential program for pregnant women and women with dependent children.

Indicator #: 2

Indicator: Withdrawal management

Baseline Measurement: Limited withdrawal management service systems in communities in the state.

First-year target/outcome measurement: Identify communities needing assistance with development of withdrawal management strategic plans and withdrawal management services.

Second-year target/outcome measurement: Provide communities with training & technical assistance in developing withdrawal management strategic plans and increase withdrawal management services.

New Second-year target/outcome measurement(if needed):

Data Source:

Behavioral Health Division, contract management, training & technical assistance documentation

New Data Source(if needed):

Description of Data:

Quantitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

None

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved,explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

The state identified communities needing assistance with development of withdrawal management strategic plans and withdrawal management services.

Indicator #: 3
Indicator: Expand awareness of and access to residential treatment services
Baseline Measurement: Currently limited ability for individuals and providers to know availability of treatment services across the state.
First-year target/outcome measurement: Identify a process for implementing a bed-management system in North Dakota
Second-year target/outcome measurement: Implement a bed-management system

New Second-year target/outcome measurement(if needed):

Data Source:

Behavioral Health Division, contract management

New Data Source(if needed):

Description of Data:

Quantitative and Qualitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

None

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

The state identified a process for implementing a bed-management system in North Dakota

Priority #: 5
Priority Area: Workforce
Priority Type: MHS
Population(s): SMI, SED, ESMI, BHCS, PWWDC, PP, PWID, TB

Goal of the priority area:

Ensure a competent and trained behavioral health workforce to meet the behavioral health needs of North Dakotans

Objective:

Improve the behavioral health workforce.

Strategies to attain the goal:

Implement efforts to increase substance use primary prevention workforce, peer support service and developing a single entity responsible for supporting behavioral health workforce implementation.

Edit Strategies to attain the objective here:
(if needed)

Annual Performance Indicators to measure goal success

Indicator #: 1
Indicator: Increase the infrastructure of the Substance Use Primary Prevention workforce in the State
Baseline Measurement: Number of individuals who complete a substance use prevention training and individuals who participate in a substance use prevention internship
First-year target/outcome measurement: Collaborate with a vendor to develop community level capacity assessments.
Second-year target/outcome measurement: Implementation of capacity building activities among new and existing community prevention workforce.

New Second-year target/outcome measurement(if needed):

Data Source:

Behavioral Health Division, Contract Management

New Data Source(if needed):

Description of Data:

Quantitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

None

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target:

Achieved

Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

The state collaborated with a vendor to develop community level capacity assessments.

Indicator #:

2

Indicator:

Expand peer support services

Baseline Measurement:

There is no specific training available in North Dakota for family peer support and culturally relevant peer support services

First-year target/outcome measurement:

Determine specific training for family peer support and culturally relevant peer support

Second-year target/outcome measurement:

Deliver peer support training tracks specific to culturally relevant peer support services and family peer support services.

New Second-year target/outcome measurement(if needed):

Data Source:

Behavioral Health Division, Contract Management

New Data Source(if needed):

Description of Data:

Quantitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

None

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target:

Achieved

Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

The state determined specific training for family peer support and culturally relevant peer support

Indicator #:

3

Indicator:

Designate a single entity responsible for supporting behavioral health workforce implementation

Baseline Measurement:

No current single entity responsible for supporting behavioral health workforce implementation and current capacity is not sufficient to address needs.

First-year target/outcome measurement:

Develop specifications for a single entity responsible for supporting behavioral health

workforce implementation

Second-year target/outcome measurement: Develop and implement strategic plan to engage in targeted efforts to recruit and retain behavioral health workforce

New Second-year target/outcome measurement(if needed):

Data Source:

Behavioral Health Division, contract management

New Data Source(if needed):

Description of Data:

Quantitative and Qualitative

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

None

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved *(if not achieved, explain why)*

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

The state hired a Behavioral Health Workforce position within HHS Behavioral Health Division.

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Footnotes:

C. State Agency Expenditure Report

MHBG Table 3 - Set-aside for Children's Mental Health Services

This table provides a report of statewide expenditures for children's mental health services during the last completed SFY. States and jurisdictions are required not to spend less than the amount expended in FY 1994.

Reporting Period Start Date: 7/1/2023 Reporting Period End Date: 6/30/2024

Statewide Expenditures for Children's Mental Health Services			
A Actual SFY 1994	B Actual SFY 2023	C Estimated/Actual SFY 2024	Please specify if expenditure amount reported in Column C is actual or estimated
\$561,619	\$1,130,064	\$1,271,793	<input checked="" type="radio"/> <input type="radio"/> Actual Estimated

If estimated expenditures are provided, please indicate when actual expenditure data will be submitted to SAMHSA: _____

States and jurisdictions are required not to spend less than the amount expended in FY 1994.

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Footnotes:

C. State Agency Expenditure Report

MHBG Table 6 - Maintenance of Effort for State Expenditures on Mental Health Services

This table provides a report of expenditures of all statewide, non-Federal expenditures for authorized activities to treat mental illness during the last completed SFY.

Reporting Period Start Date: 07/01/2023 Reporting Period End Date: 06/30/2024

A Period	B Expenditures	C <u>B1 (2022) + B2 (2023)</u> 2
SFY 2022 (1)	\$59,255,711	
SFY 2023 (2)	\$57,693,109	\$58,474,410
SFY 2024 (3)	\$63,614,124	

Are the expenditure amounts reported in Column B "actual" expenditures for the State fiscal years involved?

SFY 2022	Yes	<input checked="" type="checkbox"/>	No
SFY 2023	Yes	<input checked="" type="checkbox"/>	No
SFY 2024	Yes	<input checked="" type="checkbox"/>	No

If estimated expenditures are provided, please indicate when actual expenditure data will be submitted to SAMHSA:

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Footnotes:

F. State General Data Notes

State General Data Notes

MHBG Table Number	General Data Note
No Data Available	

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Footnotes: