# Pediatric Mental Health Care Access

PHASE 1 – LESSONS LEARNED – PHASE 2





#### **BACKGROUND**





In December 2023, Central Regional Education Association (CREA) on behalf of the ND Full-Service Community Schools (NDFSCS) Consortium was awarded funding through the Pediatric Mental Health Care Access grant for provision of behavioral health services to support student, staff, and family outcomes.

In February 2024, the CREA, was awarded additional funds to continue offering support for the NDFSCS Consortium and to expand opportunities for schools to access behavioral health training and services.

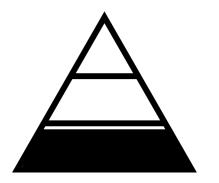
The B-HERO Technical Assistance Center will be engaged as a partner to coordinate and communicate PMHCA-funded opportunities for a broader statewide audience.

### Phase 1: TRAINING & SERVICES ACCESSED

Endorsed Training		Endorsed Integrated Student Support	
Kognito At-Risk Virtual Simulations	7 schools 215 educators	Parent Guidance Parent Coaching	10 schools 39 families
Beat the Odds	3 schools	Check & Connect	6 schools 9 mentors 40 students
Safe & Civil Schools Tough Kids	3 schools	Sources of Strength (Grades 6-12)	1 school
Safe & Civil Schools CHAMPS/Discipline in the Secondary Classroom	1 school	Bounce Back (Non-Clinical) Intervention Facilitator Training	5 trainings 69 educators
Love & Logic Training	1 school	Support for Students Exposed to Trauma Facilitator Training	3 trainings 25 educators
Nurtured Heart Train-the-Trainer	1 school	EmpowerU	2 schools
Technical Assistance			
School-Wide Positive Behavior Intervention and Supports Tiered Fidelity Walkthrough	10 Schools	Crisis Plan Review	1 school

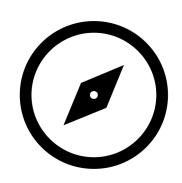
### PHASE 1 LEARNINGS





#### **EMPHASIZE TIER 1 INTERVENTION & SUPPORT**

Schools expressed eagerness to boost Tier 1 initiatives, like their positive behavior expectations & aligned staff support.



#### NEEDS VARY, DIFFERENTIATED SUPPORT IS NECESSARY

School needs vary, and school leaders value guidance in selecting the best fit of offerings to support.



#### CREATING THE CONDITIONS

Leadership is key in gathering staff support and commitment for new programs and services.



#### IMPLEMENTATION TAKES TIME

Multi-year implementation strategies & support (3-5 years) may be critical for some programs and services.

## PHASE 2 DRAFT PLAN

In advance of the 2024-2025 SY, any LEA in the state of ND may apply for support utilizing Pediatric Mental Health Care Access funds.

Upon selection from a competitive application process assessing readiness and need, selected schools will engage in:

#### **Standard Access**

Selected Schools will engage in/with...

CHAMPS/Discipline in the Secondary Classroom Training

# of seats in a regional training + books/materials

School-Wide Positive
Behavior Intervention &
Support + Classroom
Procedures Walkthrough

One-day walk through scheduled, includes follow-up session to discuss results

SWIS Behavior Data Collection System

Implementation coaching & system setup



# PHASE 2 DRAFT PLAN

And <u>may choose to add-on</u> the following offerings to standard support:

#### **Standard Plus**

**Optional Add-Ons** 

Access to Behavior Advantage self-paced courses on PBIS implementation

Overview of Restorative Practices for all staff & Proactive Circles training for up to 50 staff

eCare School Health Program

ParentGuidance Parent Coaching



## PHASE 2 DRAFT PLAN



Additional Add-ons for consideration:

#### **Student Success Track**

**Optional Add-Ons** 

**Tough Kids Training** 

Check & Connect Implementation
Support

#### **Crisis Prevention Track**

**Optional Add-Ons** 

PREPaRE Workshop 1 for Leadership
Teams

School Crisis Plan Review

PREPaRE Workshop 2 for School-Based Mental Health Professionals

#### **Behavioral Health Track**

**Optional Add-Ons** 

Trauma Sensitive Schools: Trainer Cohort

Bounce Back (Non-Clinical) or Support for Students Exposed to Trauma Facilitator Training(s)

**Cope2Thrive Implementation Options** 

eCare School Behavioral Health Program

1915i Care Coordination may be considered

as an additional supplementary support based on geography, need, and system readiness.



Learners growing



Educators collaborating



Schools improving

### Thank You

Lyndsi Engstrom
Chief Operations Officer
Lyndsi.engstrom@kl2.nd.us

