

Title IV-E Prevention Services

Under the Family First Prevention Services Act of 2018



The North Dakota Title IV-E Prevention Services Plan allows ND Department of Health and Human Services access to federal Title IV-E funding for approved evidence-based services to children/youth at risk of out of home placement.

DHHS -Children and Family Services Section is responsible for program administration of the Title IV-E Prevention Services Plan. This includes determining eligibility, monitoring agreements with approved providers, meeting federal requirements, completing QA reviews, and funding Title IV-E prevention services.

North Dakota's approved prevention services are:

- Healthy Families
- Parents as Teachers
- Nurse-Family Partnership
- Homebuilders
- Brief Strategic Family Therapy
- Parent-Child Interaction Therapy
- Multisystemic Therapy
- Functional Family Therapy
- Family Check-Up/Everyday Parenting

RECRUITMENT OF PROVIDERS

Title IV-E prevention services are available in select areas of the state. Recruitment of public and private providers continues. Grants have been awarded to agencies in an effort to grow the number of providers in implementing and delivering evidence-based Title IV-E prevention services.

ELIGIBLE CHILDREN

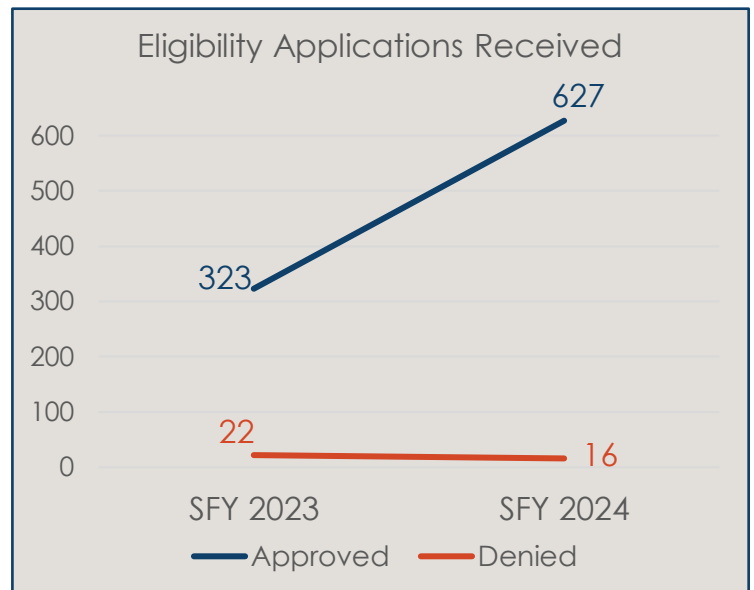
Federal guidance defines child eligibility criteria. Children eligible for Title IV-E prevention services must meet the following:

- Birth through 17 years of age;
- Resident of North Dakota and a US citizen;
- Not in an open foster care program (*Exception: A youth who is pregnant or parenting*);
- Lives in the home of a parent/caregiver; and
- Is at risk of out of home placement if preventative services are not offered.

Once the above criteria are met, a determination of eligibility is completed based on circumstances and characteristics of the child and their parents/caregiver.

APPROVED APPLICATIONS

From SFY 2023 to SFY 2024 North Dakota saw a 94% increase in the number of applications approved for Title IV-E prevention services.



PROGRAMS/SERVICES AND LOCATIONS

Services are provided to both children and their parents/caregivers, based upon their identified needs. Each of the services below has specific outcomes measurements identified as a goal for that service.

PREVENTION SERVICE	LOCATIONS	NUMBER OF CHILDREN SERVED
Healthy Families Home visitation program to strengthen family functioning, reduce risks and build parent protective factors. Target Population: birth-5yrs.	Statewide	312
Brief Strategic Family Therapy Intensive family intervention for youth with behavior/conduct concerns, substance abuse and delinquency. Target population: 6-17yrs.	Adams, Bismarck, Bowman, Dickinson, Fargo, Golden Valley, Grand Forks, Jamestown, Mandan, McHenry, Minot, Richland, Watford City, Williston	119
Parent-Child Interaction Therapy Therapy that coaches' parents with children experiencing emotional and behavioral concerns. Target Population: 2-7yrs.	Bismarck, Fargo, Grand Forks, Jamestown, West Fargo	168
Family Check-Up/Everyday Parenting Brief, strengths-based intervention for families with children with emotional, behavioral, and academic concerns and supports positive parenting. Target population: 2-17yrs.	Bismarck, Fargo, Grand Forks, Mandan, McKenzie, McLean, Minot, Valley City, Sioux, Stark, West Fargo, Williams	123
Multisystemic Therapy Intensive treatment and intervention for high-risk youth that addresses the core causes of delinquent and antisocial conduct. Target Population: 12-17yrs.	Southeast Region: Cass, Richland, Ransom, Traill, Sargent	46
Nurse Family Partnership Home visitation by nurses to improve health, relationships and economic well-being of mothers and their infants. Target Population: birth-2yrs.	Bismarck, Grant, Mercer, Morton, Oliver, and Sioux Counties	1
Functional Family Therapy <i>(started September 2024)</i> Family therapy for youth experiencing behavioral or emotional concerns. Target Population: 11-17yrs.	Counties serviced by these Regional Human Service Centers: Badlands, Lake Region, Northeast, Northwest, South Central, Southeast, West Central	27

List of providers can be found at: <https://www.hhs.nd.gov/cfs/title-iv-e-prevention-services>

IMPACT/OUTCOMES

DHHS-CFS collects data to monitor effectiveness in reaching the desired outcomes for children and parents/caregivers. Below is the outcome data that shows the average change from initial contact with the child and parents/caregivers to 1) last entered survey, or 2) when the service ended.

Since the prevention plan began, just **3%** of the children served have entered foster care at the 12 or 24mth mark after receiving one or more of the above prevention services. NDHHS-CFS is encouraged by this response and will continue to monitor the effectiveness of these prevention services in helping to reduce the number of children entering foster care. Other promising outcomes include:

- **35%** improvement in demonstrated positive parenting practices
- **39%** increase in demonstrated parent skill development
- **29%** improvement in child's physical and mental health
- **43%** improvement in child's participation in routine and expectations

Children and Family Services Section

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