



YOUTH AND FAMILY SERVICES ENHANCEMENTS

DHS KEY PRIORITIES: Strong, Stable Families and Services Closer to Home

The North Dakota Department of Human Services' regional human service centers have enhanced community-based treatment services to support youth with behavioral health needs and their families.

Key Benefits:



Provides short-term, high intensity treatment that is individually tailored to meet the needs of each youth and his or her family.



Keeps families together by avoiding out-of-home placement of at-risk youth.



Provides in-home and community-based services including skills training and skills integration for youth and families.

Who Qualifies?

Services are designed for youth with behavioral health needs that put them at high risk of being removed from their homes.

The risk may be from a mental health condition, severe emotional disturbance and/or substance use issues. These impairments may also be causing issues with their safety and daily living activities in their school and community.

Treatment is intense and may not be appropriate for youth with mild impairments.

How Does it Work?

A specialized team of therapists, licensed addiction counselors, care coordinators, skills trainers and skill integrators work with each youth and family to create an individualized treatment plan. Services are provided in the youth's home or community setting with participation from family members.

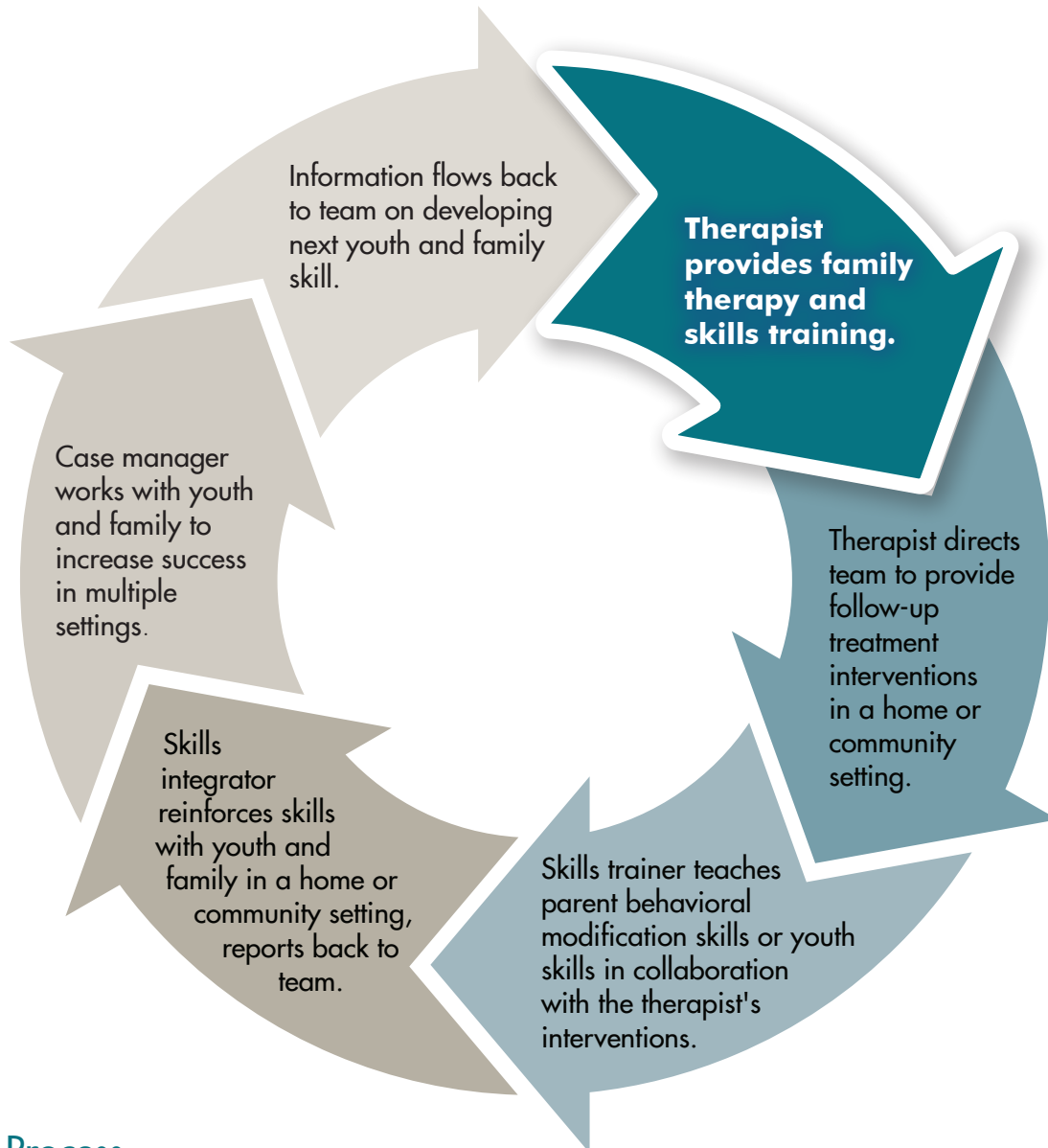
All services are led by a therapist with different levels of services based on each family's specific situation.

Services begin with higher intensity and gradually decrease after the youth shows improvement and there is less risk of an out-of-home placement. At any time the services can be increased again to support the youth and family.

Types of Service Interventions

Services may include:

- Care coordination
- In-home family therapy
- Individual therapy
- In-home and community-based skills training
- Individual or group parent behavioral modification training
- Substance use disorder treatment
- Telehealth for rural families



Referral Process

Youth and their families can walk in to a human service center during regular business hours for a screening to see if they qualify for a full assessment and follow-up services. Youth and families who do not qualify for these services will be referred to local community providers. There is no application process.

Professionals from human service zone offices, juvenile court, school districts, tribal entities and other community agencies can also refer youth and their families for these high-intensity treatment services.

A sliding fee schedule is available based on a family's ability to pay and insurance is accepted, if available.