



FIRST RESPONDER

Mental Health Outreach Program

The goal of the First Responder Mental Health Outreach Program is to gain timely access to mental health clinicians who are informed and empathetic to the daily stress and trauma first responders experience.

The program has contracted with trauma informed mental health clinicians across the state who are additionally trained in Critical Incident Stress Management (CISM) and available to attend CISM debriefings as additional support during traumatic events. Clinicians are available to schedule therapy sessions within 72 hours of contact.

To access services, please reach out to a clinician and state you are a first responder. Therapy sessions are confidential, HIPPA compliant, and billed to your insurance plan.

In person and telehealth sessions are available.



Behavioral Health
HEALTH & HUMAN SERVICES

To access services, please reach out to a clinician:

Katie Shannon, LCSW Connect
Us Therapy Williston
701.572.3335

Tammy Ness, LCSW, PLLC
Minot • 701.720.8876

Camille Redmann, LCSW
Down to Earth Counseling
Grand Forks • 701.740.9040

Angela Muhs, LCSW
Anew Therapy
Grand Forks • 701.248.6050

Kim Frittel, LPCC
Holistic Healing Counseling
Fargo • 701.205.7771

Paul Polanski, LCSW
Ronin Counseling
Fargo • 701.989.7124

Nicole Weiss, LPCC
Healing Foundations
West Fargo • 701.729.8471

Lisa Goetz, LPCC-S
Candace Rivinius, LPCC
Corner Post Counseling
Mandan • 701.751.8060

Monica Melchior, LCSW
DeCoteau Trauma
Bismarck • 701.751.0443

Talia Biederstedt, LCSW
Empowered Mental Health
Bismarck • 701.805.1939