

BUILDING SKILLS FOR CRISIS INTERVENTION TEAMS

The Building Skills for Crisis Intervention Teams training program has been designed to provide participants with direct application and practice of skills for crisis intervention techniques. The program emphasizes broadening the knowledge base around critical incident stress interventions and practicing each application. Upon completion, participants will be able to: demonstrate skills in organizing appropriate CISM responses and conducting Crisis Management Briefings; participate as both a team member and a participant in an event; identify and plan appropriate CISM activities for a variety of incidents; and demonstrate an understanding of CISM principles.

This program has been developed for Employee Assistance Programs, human resources staff, public safety personnel, mental health professionals, chaplains, paramedics, firefighters, physicians, police officers, nurses, dispatchers, airline personnel, and disaster workers to increase mastery and confidence in the skills learned during the CISM: Group Intervention CISM: Individual Crisis Intervention, CISM: Advanced Crisis Intervention, and Strategic Response to Crisis courses. It will also be useful for those who are working extensively with traumatized victims from various walks of life.

Day One: 8:00 to 4:00

- Review of the phases and purposes of CI activities
- Practice Organizing a Response
- Practice CMB
- Review the "themes heard" and techniques used
- Listening techniques and role plays, video clips, and discussion
- Practice of One-on-One skills

Day Two: 8:00 to 4:00

- Review of Defusing steps and purposes
- Practice Defusing
- Review of CISD steps
- Practice tabletop CISD and process the experience
- Review the "themes heard" and techniques used
- Identify alternative techniques to accomplish the goals of a CISD

