

## Hormonal Implant Removal – CON 6

### DEFINITION

This protocol covers the removal of the hormonal implant. The rod can be removed at any time but should be removed at the end of three years, per package insert.

### SUBJECTIVE

Should include:

1. LMP
2. Medical, sexual, and contraceptive history, as appropriate
3. Determine reason for removal if before expiration date
4. No allergies to antiseptics or local anesthesia used for removal
5. Reproductive life plan

### OBJECTIVE

Must include:

1. Palpable implant rod

May include:

1. Physical examination, if indicated

### LABORATORY

No specific lab requirement

### ASSESSMENT

Client who desires implant removal

### PLAN

1. Obtain consent for removal
2. Document in the chart the reason she requests removal of implant
3. Discuss and document the risks associated with the removal (infection, bleeding, or inability to remove the rod at this time and follow-up plan, as indicated)
4. Remove implant per manufacturer's instructions
5. New implant may be placed the same day if desired. Ensure proper anatomical site and positioning prior to reinserting in same location (see manufacturer's instructions)

### CLIENT EDUCATION

1. Contraceptive education specific to desires of patient's reproductive life plan (Refer to chosen method protocol)
2. Review safer sex education, as appropriate
3. Pre-conception counseling, if indicated
4. Recommend client RTC for annual exam and PRN for problems

### CONSULT / REFER TO PHYSICIAN

1. Any client with a severe allergic reaction to local anesthetic
2. Any client with difficult implant removal
3. Difficulty palpating the full length of the implant, localization of deeply placed or nonpalpable implants
  - a. Imaging may be necessary; radiograph

### REFERENCES

Effective Date: December 2024

Last Reviewed: November 2024

Next Scheduled Review: November 2025

1. Organon. (2024). *Nexplanon removal instructions*. Retrieved from [https://organonpro.com/en-us/wp-content/uploads/sites/6/2024/07/NEXPLANON-Removal-Instructions-PDF\\_2023\\_SLU.pdf](https://organonpro.com/en-us/wp-content/uploads/sites/6/2024/07/NEXPLANON-Removal-Instructions-PDF_2023_SLU.pdf)
2. Chen, M. & Matulich, M. (2025). Contraceptive implant. In R. A. Hatcher, P. Cason, C. Cwiak, A. Edelman, D. Kowal, J. M. Marrazzo,, ... M.S. Policar (Eds.). *Contraceptive technology* (pp. 265- 295). (22nd ed.) Jones & Bartlett Learning.
3. Reproductive Health Access Project. (2023). *How to switch birth control methods*. Retrieved from [https://www.reproductiveaccess.org/wp-content/uploads/2014/12/switching\\_bc.pdf](https://www.reproductiveaccess.org/wp-content/uploads/2014/12/switching_bc.pdf)