



## Environmental Controls-Using infection control actions to keep germs from being breathed in.

### Quiz

#### Select an answer.

1. You can understand the risk by identifying the pathways and how germs are being spread. Which of the following is **NOT** true:
  - A) Germs can live in the respiratory system and be spread through droplets in the air from talking, breathing, coughing, and sneezing.
  - B) As germs go through the air, they are spread and can land on objects like tables, bed rails where germs can be touched with our hands.
  - C) Germs living in dust and dirt do not get swept up into air.
  - D) Actions taken to reduce germs from getting into the air can prevent germs from being breathed in.
  
2. You can reduce the spread of respiratory droplets from coughing and sneezing etc. by:
  - A) Performing good respiratory/cough etiquette
  - B) Using source control when needed-such as a mask
  - C) Performing hand hygiene, the right way at the right time.
  - D) Coughing away from the other person
  - E) A, B, and C
  
3. Properly designed and maintained ventilation and HVAC systems help prevent the spread of respiratory droplets.
  - A) True
  - B) False

Answer Key: 1. C, 2. E, 3. A