

Enteral Tube Feedings Quiz

1. Complications related to enteral tube feedings include:
 - a. Breaks in aseptic technique.
 - b. Contaminated nutritive supplements.
 - c. Pulmonary aspiration.
 - d. Insertion site irritation or infection.
 - e. **All of the above**

2. Which is not an action healthcare workers can take to prevent complications and infections related to enteral feedings.
 - a. Practice good hand hygiene.
 - b. Elevate the head of the bed at least 30 degrees or more.
 - c. **Discard unused nutritional supplements down the sink.**
 - d. Minimize handling and use aseptic no-touch technique.

3. Healthcare workers should always refer to facility policy and procedures on all of the following except:
 - a. When to discard used syringes and obtain new.
 - b. Proper procedure for cleaning syringes between each use.
 - c. Proper storage to avoid contamination.
 - d. **Type, volume, and duration of tube feeding.**