

Find Community Health Services in North Dakota



Available Regardless of Insurance Status and/or at a Reduced or No Cost

HEALTH CARE:

Federally Qualified Health Centers:

- Provide primary care and preventative care (including physical health, oral health and mental health/substance use services) regardless of ability to pay or health insurance status.
- Visit https://npidb.org/organizations/ambulatory_health_care/federally-qualified-health-center-fqhc_261qf0400x/nd/ and put in your zip code to find a center near you.

Family Planning Clinics:

- Offer services for men and women including contraceptive services, sexually transmitted infection testing, medical exams and more.
- For more information, including clinic locations visit hhs.nd.gov/cfs/family-planning.

Local Public Health Units:

- Provide immunizations, blood pressure screening, diabetes screenings, tobacco and substance abuse prevention services and more. Visit hhs.nd.gov/service-locations/local-public-health for clinic locations and information on services offered.

Indian Health Service (IHS):

- Provide covered health care services to eligible American Indian/Alaska Native individuals. There is some type of health care program/facility on each reservation. They are not all IHS.
- Visit ihs.gov/findhealthcare/ to find an IHS facility near you.
- **If you seek care from a hospital emergency room not on the reservation and are enrolled in a tribal nation, it is a good idea to contact your local tribal health facility within 48 hours. Procedures to request coverage of costs varies.*

Pregnancy and Parenting:

- Find information and links to financial help and other human services, parenting information, maternal and childbirth life services, planning, care centers and agencies, and other resources for expectant families and new parents. Visit life.nd.gov

SCREENINGS/DISEASE MANAGEMENT:

Colorectal Cancer Screening Program:

- Covers the cost of colorectal cancer screenings and office visits. Call (833) 220-2981, email ndcrc@qualityhealthnd.org or visit hhs.nd.gov/health/community/comp-cancer/CRC

Community Health Representatives (CHR) Program:

- Provides transportation to medical appointments, home visits to check blood pressure, blood sugar, pulse, oxygen; medication pickup and delivery; and health promotion. Visit ihs.gov/chr/
- Must be enrolled in a Federally Recognized Tribe AND reside on a Federally Recognized Reservation
 - Fort Berthold: (701) 627-4340 ○ Sisseton-Wahpeton Oyate: (605) 698-3531 ○ Spirit Lake: (701) 766-4236 ○ Standing Rock: (701) 854-3856 ○ Turtle Mountain: (701) 477-5696

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Pharmacies:

- Services vary but may include blood pressure tests, immunizations and prediabetes and blood sugar testing.

North Dakota Community Clinical Collaborative:

- Offers classes on fall prevention and preventing and managing diabetes, heart disease, kidney disease and more. Many classes are FREE with some virtual options. Visit ndc3.org.

HIV Care/Ryan White Program:

- Provides case management and reimbursement of services for persons living with HIV in ND. Visit hhs.nd.gov/health/diseases-conditions-and-immunization/north-dakota-ryan-white-part-b-program.

Sexually Transmitted Infection (STI) Testing:

- Provides free and discreet testing kits sent to your home, and treatment consultation if needed. To request a kit, visit <https://nddhhs.mybinxhealth.com>.

ND Brain Injury Network (NDBIN):

- Helps people identify and access benefits and programs, offers information on speech, occupational and physical therapy and more. Contact NDBIN at ndbin.org, (855) 866-1884 or info@ndbin.org.

BEHAVIORAL HEALTH SERVICES:

Regional Behavioral Health Clinics (Human Service Centers):

- Provide mental health and substance use disorder treatment services to people in a designated multi-county area. Visit hhs.nd.gov/HSC to find a location near you.

Free Through Recovery:

- Offers care coordination, recovery services and peer support to people. Learn more at hhs.nd.gov/sites/www/files/documents/BH/FTRBrochure.pdf.

FirstLink:

- Offers free, confidential services 24/7 for listening and support, referrals to community resources and crisis intervention. Call 211 or visit myfirstlink.org to find help in your community.

988 Suicide and Crisis Lifeline:

- Provides free, confidential support to people in crisis (and their loved ones) 24/7/365 days a year.
- Call or text 988 or chat at 988lifeline.org if you or someone you know is struggling or in crisis.

HEALTH INSURANCE:

Apply for Help:

- Has information on Medicaid, food, heating and child care assistance and other help and how to apply. Visit hhs.nd.gov/applyforhelp or apply at a [local human service zone office](#), or contact the Customer Support Center at applyforhelp@nd.gov, (866) 614-6005 or (701) 3281000; 711 (TTY).

North Dakota Navigator:

- Speak with a person to get free help understanding insurance options and applying for coverage.
- Call (toll-free) 833-545-9448 or (701) 858-3580 or email NDNavigators@MinotStateU.edu.

Health Insurance Marketplace:

- Compare insurance plans and apply for coverage at healthcare.gov.