

Respiratory Immunizations	Options	Eligible People	Effectiveness	When to get it
Influenza (Flu)	Vaccine targeting 3 strains of flu, updated annually	Ages 6 months+	Reduces risk of hospitalization and health care visits by 40-60%	Available throughout season, ideal to get by end of October
COVID-19	Updated as needed to match dominant strain - Pfizer(mRNA) - Moderna (mRNA) - Novavax	Ages 6 months+	Reduces risk of severe illness by 40-60%	Available any time, discuss timing with your provider
RSV (Older Adults)	GSK Pfizer Moderna (mRNA)	Ages 75 years+ and ages 60-74 years at high risk	Reduces risk of severe illness by 82-86%	Anytime (summer or fall may be best), discuss with your provider
RSV (Pregnancy)	Pfizer	Pregnant people who have not received a dose during a previous pregnancy (protection will pass to baby for first 6 months of life)	Reduces risk of severe illness in first 3 months of life by 82%	September - January, during 32-36 weeks gestation
RSV Antibody (if mother did not get vaccine while pregnant)	Nirsevimab (Sanofi)	<ul style="list-style-type: none"> - Infants born during RSV season within first 7 days of life - Infants ages <8 months entering their first RSV season - Children ages 8-19 months entering second RSV season at higher risk, including all American Indian children 	91-98% effective against hospitalization during the 2023-2024 RSV season	October - March