



VOCATIONAL REHABILITATION

Make the Transition

NORTH
Dakota
Be Legendary.

Vocational Rehabilitation
HEALTH & HUMAN SERVICES

What is **Transition** Planning?



Transition is the term for the “bridge” between school and adult life for students. Transition planning is the process of preparing for life after high school. The Division of Vocational Rehabilitation (DVR) can help you make informed choices during your transition and assist you with future career plans.

Individuals who are typically referred for VR services include those who have a diagnosis of a learning, behavioral, physical, intellectual, or developmental disability.

To be eligible for **VR services** you must:

- 1.** Have a documented disability
- 2.** Require services that lead to employment
- 3.** Want to work



If you are eligible,

VR will help you to determine an appropriate employment goal. You and your counselor will work together to develop an Individualized Plan for Employment (IPE), which identifies what you need to achieve your goal. VR may be able to help you transition from high school to work or from high school to college in preparation for work by providing:

Professional Vocational Rehabilitation Counseling & Guidance –

evaluations of strengths and how your disability may affect your ability to work, a comprehensive assessment of your rehabilitation needs, planning and implementing strategies to overcome barriers, and helping you adjust to and live with a disability

Employment – identification of an employment goal that is consistent with your strengths, resources, abilities, capabilities, priorities, concerns, interests, and informed choice

Accommodations –

if needed, adaptive aids, assistive technology, accessibility, and work site evaluations to assist you in achieving your employment goal

Training –

tailored to meet your individual rehabilitation needs and attain your employment goal. This may include on-the-job training, internships, job mentoring, job coaching and/or academic training. This may also include assisting you to advocate for the services you will need to succeed in college. VR may also assist you with school costs if there is a financial need

Job Placement –

develop resume writing skills and interview strategies, job referral, placement and follow-up services

*"If it wasn't for DVR helping me...
I would not have gotten my job...
They will do whatever it takes to
help the person achieve!
I wouldn't be here if it
wasn't for them."*

Former client, Killdeer, ND



HELPFUL RESOURCES

Launch my Life NORTH DAKOTA

Your journey as you transition from high school to the world of work has begun. You will be making decisions about your education, what kind

of a job you will look for, and how to get involved in your community. *Launch my Life ND* can help you do just that. Whether you have a disability or not, *Launch my Life ND* gives you the knowledge, tools, resources, and connections to help you achieve your goals. It is located at: www.launchmylifend.com/



Financial Aid for college

FAFSA stands for Free Application for Federal Student Aid, and you complete it after your parents do their taxes. Take advantage of scholarship opportunities by completing the FAFSA as soon after January 1 as possible. The FAFSA must be completed by April 15. It is located at:

<https://fafsa.ed.gov/>



*Launch my Life
NORTH DAKOTA*

Vocational Rehabilitation

Regional Offices

711 (TTY)

Bismarck

1237 West Divide Avenue, Suite 2
Bismarck, ND 58501
Phone: 701-328-8800
Toll Free: 1-888-862-7342

Devils Lake

301 College Dr S
Devils Lake, ND 58301
Phone: 701-665-2235
Toll Free: 1-888-607-8610

Dickinson

1674 15th St West, Unit E
Dickinson, ND 58601
Phone: 701-227-7600
Toll Free: 1-888-227-7525

Fargo

1655 43rd St S, Ste 208
Fargo, ND 58103
Phone: 701-298-4459
Toll Free: 1-888-342-4900

Grand Forks

1501 28th Ave S
Grand Forks, ND 58201
Phone: 701-795-3100
Toll Free: 1-888-256-6742

Jamestown

520 Third Street NW PO Box
2055 Jamestown, ND 58402
Phone: 701-253-6388
Toll Free: 1-800-639-6292

Minot

1015 South Broadway, Suite 21A
Minot, ND 58701
Phone: 701-857-8642
Toll Free: 1-888-470-6968

Williston

316 Second Avenue West
PO Box 1266
Williston, ND 58802
Phone: 701-774-4662
Toll Free: 1-800-231-7724



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For more information visit
www.hhs.nd.gov/vr or call 1-800-755-2745